

New OB Patient Instructions.

Congratulations on your pregnancy. This information will guide you in establishing your care with an OB physician in the network

- 1. Prenatal vitamins:** They have been ordered for you and will be available for pick up in 3 business days at our Pharmacy located in the Navy Exchange lobby. Hours of operation: Monday-Friday 0800 - 1700.
CLOSED Saturday, Sunday, Holidays. Pharmacy phone number: 301-757-2605.
For refills call 1-800-377-1723 and follow telephone prompts.
- 2. Scheduling your first OB appointment:** You can schedule your first OB appointment now with a network provider. Tell the provider's office you will be working with Health Net Federal Services / NHC Patuxent River to get your OB authorization number.
- 3. OB Authorization:** Contact NHC Patuxent River at 301-342-1506 and leave the following information for your provider / provider's nurse; your OB doctor's name, address and phone number, appointment date and time. You should receive a letter from Health Net Federal Services within 5-7 business days with your OB authorization number. Please bring this authorization letter/number with you to your first OB visit.
If you do not receive the authorization number in the mail prior to your first appointment, please call Health Net Federal Services at 1-877-874-2273, speak to a Customer Service Representative and ask for your authorization number
- 4. Information you will need to bring to your first OB appointment:**
 - Military ID card
 - Drivers license
 - Copy of your pregnancy test and most recent Pap test.
 - Copy of your previous OB records and any other important medical record information related to your overall health. Our Medical Records Department can assist you in obtaining information. Their phone number is 301-757-4649 or 301-342-3082.
Hours of operation: Mon, Tues, Thurs 0700-1630. Wed 0700-1400. Fri 0700-1600.
They will need the name of the Doctor or hospital who has your records, their address, phone and fax number. Please stop by the Quarterdeck for directions to their office.
- 5. When to call your OB Doctor:**
Please call your OB Doctor at their office for questions about your pregnancy. If office is closed, a recorded message will tell you how to contact your OB Doctor for urgent problems.
- 6. When to call your Primary Care Doctor at NHC Patuxent River:**
Please call your Primary Care Provider for all health care concerns other than OB.
Please call 301-342-1506 during regular business hours Mon, Tues, Thurs 0700-1630;
Wed & Fri 0700-1600. CLOSED Sat, Sun, Holidays
Active Duty please call Military Medicine at 301-342-1429
- 7. After Hours Telephone Advice at NHC Patuxent River for Urgent problems:** Telephone advice for urgent problems is available after close of business weekdays, weekends and Holidays. Please call 301- 342-1418 and ask to speak to the Duty Doctor.
- 8. If you are receiving your OB care at Walter Reed National Military Medical Center or Andrews Air Force Base Malcolm Grow Medical Center Women's Health Center:**
Please keep the phone number for your Military OB clinic with you in case you need emergency care at one of our local hospitals. This will allow the ER and the OB Doctor on call to contact your OB clinic and care for you more efficiently.