

# Attachment 1

## HEALTHCARE CONSUMER COUNCIL

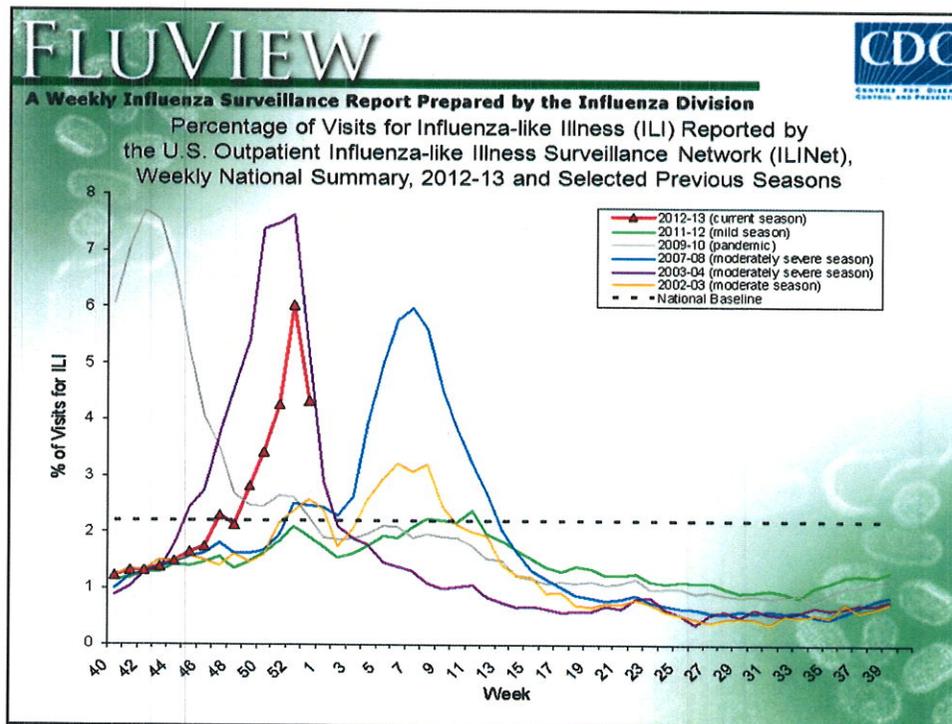
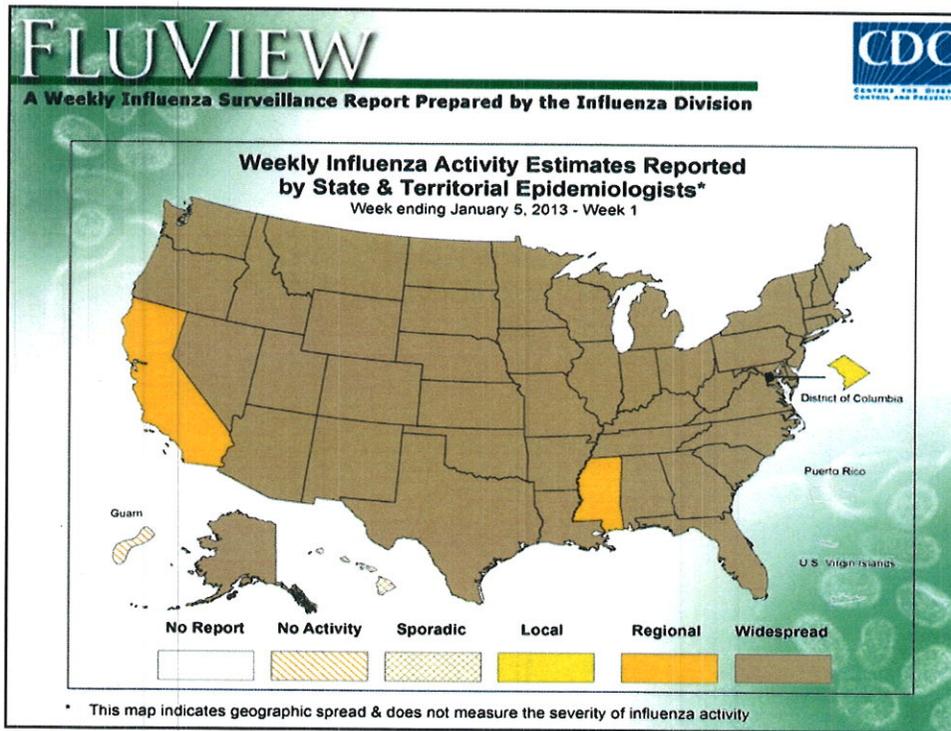
Tuesday, 15 Jan 2013

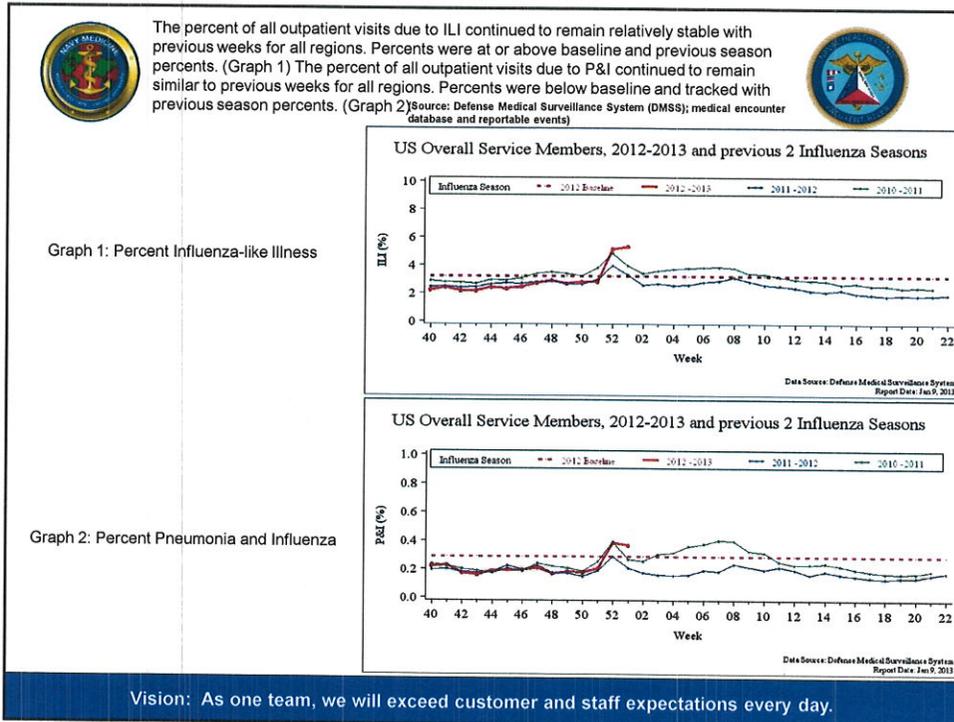
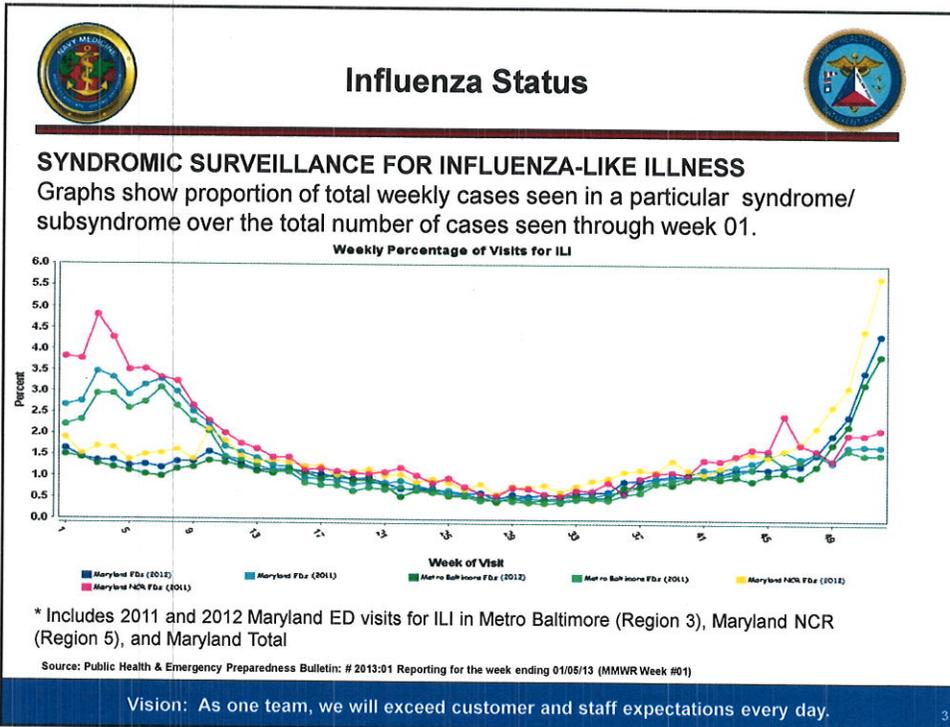
1000-1100

### Naval Health Clinic, Conference Room

1. Welcome and Opening Remarks – CAPT Shevchuk, XO, NAS Patuxent River
2. Remarks – Command Triad, Naval Health Clinic Patuxent River
3. Healthcare Business – LCDR Faith, Director, Healthcare Business
4. Facility Project Update – CDR Tizon, Director For Administration
5. Public Health and Infection Prevention – Mr. Koch, Director Public Health
6. Medical Readiness Update – HM2 Toussaint, LPO, Deployment Health
7. Dental Readiness – CAPT Grzesik, Department Head, Dental
8. Medical Records – Ms. Foster, Medical Records Manager
9. TRICARE Update – Mr. Carpenter, TRICARE Service Center Manager
10. Fleet and Family Support Center – Ms. Tyler-Lockett
11. MedStar St. Mary's Hospital Health Connections – Ms. Shaw
12. Calvert Memorial Hospital – Ms. Campbell
13. Health Promotion – Ms. Ashton
14. Case Management – Ms. Rudy
15. Customer Relations – Ms. Quinn
16. Next Meeting: 19 Mar 2013 @ 1000









## FY12/13 Influenza Vaccine Season



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(Active Component)	DoD-All*	ARMY	MARINES*	NAVY*	COAST GUARD	AIR FORCE
Seasonal Influenza Vaccine	95	96	89	93	97	97

Sources: DoD ALL-DMSS, ARMY-MEDPROS, MARINES-DMSS, NAVY-MRRS, COAST GUARD-MRRS, AIRFORCE-AFCITA  
 \*Underestimates due to time lag in reporting systems  
 Source: DoD Weekly Influenza Surveillance Summary – 10 Jan 2013

**Requirement: 90% by 17 December.**  
**93% of Active duty have been immunized. 161 personnel left that need to get the vaccine according to MRRS.**

Vision: As one team, we will exceed customer and staff expectations every day.



## FY12/13 Influenza Vaccine Season



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**Start Seasonal Vaccination - 27 Aug (open access)**  
**Shot Events Conducted/Scheduled**

Base A/D shot event at theater  
 (1) 17-19 Sep (19<sup>th</sup> half day)  
 (2) 1-3 Oct

Site specific  
 - 29 Aug VQ4  
 - 31 Aug VX23  
 - 10 Sep VX20  
 - 21 Sep VX1  
 - 12 Oct TPS  
 - 17 Oct VQ4  
 - 19 Oct MAD  
 - 12 Nov CDC  
 - 23 Jan at NEX 1200-1600  
 - 25 Jan at NEX 0900-1600

**Influenza Season and Supplies**

1. Season usually runs September through mid-March
2. Supplies currently received: 100%
3. Vaccine Component
  - a. A/California/7/2009 (H1N1)-like virus;
  - b. A/Victoria/361/2011 (H3N2)-like virus; and
  - c. B/Wisconsin/1/2010-like virus.

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# Attachment 3. Pg. 4

 <b>Seasonal Influenza Vaccine Status</b> 		(% vaccinated/# remaining as of 8 JAN 2013)	
	>= 90% and < 20 remaining to vaccinate		00019 NAVAIRSYS COM HQ PAX RIVER 88/2
	>= 75% and < 20 remaining to vaccinate		31571 NAVAIRSYS COM DET BUPERS PA 67/1
	< 75% or with >=20 remaining to vaccinate		48301 NASC AIR 2.0 CONTRACTS 93/1
	< 75% and with >= 20 or 0% remaining to vaccinate		68935 NASC AIR 7.0/8.0/09 75/1
50716	NAWCADDIV PAX WCF LOG 6.0 86/2	00032	PEOSTRKPWNSUAVN PAX RIVER 100/0
61168	NMC DET PAX RIVER 94/1	40010	PEO(W) SUPPORT PAX RIVER M 64/18
63087	FRC DET MIDLANT PAX RIV 90/15	42191	NASC/AIR 4.0 ENGINEERING 98/1
68520	COMFLTREADCEN 92/1	68346	NASC/AIR-1.0 PMO 82/9
47136	DEPMED NHCL PAX RIVER DET 100/0	40400	ENTERPRISE AIRSPEED TEAM 88/2
66089	NHLTHCLINIC PATUXENT MD 100/0	68626	LOGISTICS AND INDUSTRIAL O 92/8
39679	NMOTC DET NSTI ASTC PAX RIV 100/0	31304	COMFLTREADCEN NWCF PAX RIV 100/0
3811A	FLELOGSUPPRON ONE SEA COMP 88/2	40011	PEO(T) SUPPORT PAX RIVER M 84/8

 <b>Seasonal Influenza Vaccine Status</b> 		(% vaccinated/# remaining as of 8 JAN 2013)	
48137	PEO TACAIR PATUXENT RIVER 50/2	3073A	COMFLTREADCEN 100/0
40012	PEO(A) SUPPORT PAX RIVER 81/5	47396	NASC AIR 5.0 TEST & EVAL P 78/2
48138	PEO ASW ASM PATUXENT RIVER 75/1	68757	NAVAIRSYS COM AIR 5.0 R&D 90/1
00421	NAVAIRWARCENACDIV PAX RIVE 46/7	31565	NAVSUP WSS SC INTERN PAX RIVER R 67/3
49860	NAWC ACDIV PAX RIVER (NWCF) 90/6	31686	FLTSCIDEVRON ONE PAX RIVER 78/10
64485	NAVAIRWARCENACDIV ST 1 NWC 100/0	31718	NAVSUP WSS SC INTERN PAX RIVER N 100/0
39782	NAVTEST WINGLANT 100/0	32038	COMNAVAIRFORES DET PAX RIV 71/2
39783	AIRTEVRON TWO THREE 96/4	3383A	RLSO NDW BROFF PAX RIV M 100/0
39784	AIRTEVRON TWO ONE 97/2	3712A	BUPERS S/D COMP PAX RIV 40/3
39785	AIRTEVRON TWO ZERO 94/6	42325	PERSUPPDET PATUXENT RIVER 100/0
42846	STU TEST PILOT SCHOOL 81/9	48498	FLTSCIDEVRON ONE SUPPACT 71/2
44689	NAVTESTPILOTSCH PAX RIV 88/4	49659	NCTS SD DET STRATCOMMU PAX 88/2

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		<b>Seasonal Influenza Vaccine Status</b>			
		(% vaccinated/# remaining as of 8 JAN 2013)			
40330	NAVSUP FLT LOG CTR PAX RIVER	100/0		NAWCADDIV PAX WCF LOG 6.0	86/2
44198	PUBLIC WORKS DEPT PAX RIVE	100/0		NMC DET PAX RIVER	100/0
0428A	NAS PATUXENT RIVER SEC DET	96/2		FRC DET MIDLANT	90/15
47608	NAVAL AIR STATION PAX RIV	98/3		COMFLTREADCEN	92/1
49403	VQ 4 DET PAX RIV	99/1		NAVY MED NCA	100/0
06040 G76	MARINE AVIATION DETACHMENT	96/3		BUMED STAFF	100/0
06040 K32	TEST PILOT TRAINING	91/1		CNAF Atlantic	88/2
06040 T9B	NAVAL AIR SYSTEM COMMAND	96/6		NAVAIR	89/98
832511 FP	CH-53K MAINT DET	100/0		PAX RIV MISC	92/29
52819	COMOPTEVFOR DET VX-1	100/0		STRATCOM WING 1	99/1
55600	VX 1	99/3		MARINE CORPS DET EAST	96/10
	<b>BASEWIDE TOTAL</b>	<b>93/161</b>		TEST SQUADRON	99/3

		<b>TB Testing and Follow-up</b>				
		(# no-shows/%no-show as of 31 Dec. 2012)				
	<= 10 and <= 10% no shows			00019	NAVAIRSYS COM HQ PAX RIVER	1/6
	</= 15 Or </= 15% no shows			31571	NAVAIRSYS COM DET BUPERS PA	1/33
	16-25 or </= 20% no shows			32796	NAVAIRSYS COM HQ RPN PAX RI	1/7
	>/= 26 or </= 25% no shows			48301	NASC AIR 2.0 CONTRACTS	2/13
				68935	NASC AIR 7.0/8.0/09	0/0
61168	NMC DET PAX RIVER	0/0		00032	PEOSTRKPWNSUAVN PAX RIVER	0/0
63087	FRC DET MIDLANT PAX RIV	12/8		40010	PEO(W) SUPPORT PAX RIVER M	3/6
68520	COMFLTREADCEN	1/9		42191	NASC/AIR 4.0 ENGINEERING	7/11
47136	DEPMED NHCL PAX RIVER DET	1/4		68346	NASC/AIR-1.0 PMO	3/6
66089	NHLTHCLINIC PATUXENT MD	8/7		40400	ENTERPRISE AIRSPEED TEAM	1/6
39679	NOMI DET NSTI ASTC PAX RIV	1/7		68626	LOGISTICS AND INDUSTRIAL O	8/8
3811A	FLELOGSUPPRON ONE SEA COMP	1/6		31304	COMFLTREADCEN NWCF PAX RIV	1/11

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 <b>TB Testing and Follow-up</b> 					
(# no-shows/% no-show as of 31 Dec 2012)					
40011	PEO (T) SUPPORT PAX RIVER M	5/10	44689	NAVTESTPILOTSCH PAX RIV	3/9
48137	PEO TACAIR PATUXENT RIVER	0/0	47396	NASC AIR 5.0 TEST & EVAL P	0/0
40012	PEO (A) SUPPORT PAX RIVER	5/19	68757	NAVAIRSYS COM AIR 5.0 R&D	1/11
48138	PEO ASW ASM PATUXENT RIVER	2/50	31565	NAVSUP WSS SC INTERN PAX RIVER R	1/11
00421	NAVAIRWARCENACDIV PAX RIVE	3/15	31686	FLTSCIDEVRON ONE PAX RIVER	10/22
49860	NAWC ACDIV PAX RIVER (NWCF)	6/10	31718	NAVSUP WSS SC INTERN PAX RIVER N	1/17
64485	NAVAIRWARCENACDIV ST 1 NWC	0/0	32038	COMNAVAIRFORES DET PAX RIV	0/0
39782	NAVTEST WINGLANT	3/17	3383A	RLSO NDW BROFF PAX RIV M	0/0
39783	AIRTEVRON TWO THREE	12/10	3712A	BUPERS S/D COMP PAX RIV	0/0
39784	AIRTEVRON TWO ONE	4/7	42325	PERSUPPDET PATUXENT RIVER	0/0
39785	AIRTEVRON TWO ZERO	10/10	48498	FLTSCIDEVRON ONE SUPPACT	3/21
42846	STU TEST PILOT SCHOOL	6/12	49659	NCTS SD DET STRATCOMMU PAX	0/0

 <b>TB Testing and Follow-up</b> 					
(# no shows/%no-show as of 31 Dec, 2012)					
40330	NAVSUP FLT LOG CTR PAX RIVER	1/4		NMC DET PAX RIVER	0/0
44198	PUBLIC WORKS DEPT PAX RIVE	0/0		FRC DET MIDLANT	12/8
0428A	NAVSUPFAC PATUXENT RIVER M	3/5		COMFLTREADCEN	1/9
47608	NAVAL AIR STATION PAX RIV	11/7		NAVY MED NCA	9/7
49403	VQ 4 DET PAX RIV	28/17		NAVY MED SUPPORT CMD	1/7
06040	MARINE AVIATION G76 DETACHMENT	9/11		CNAF Atlantic	1/6
06040	TEST PILOT TRAINING K32	0/0		NAVAIR	88/10
06040	NAVAL AIR SYSTEM T9B COMMAND	21/16		PAX RIV MISC	30/8
52819	COMOPTEVFOR DET VX-1	0/0		STRATCOM WING 1	28/17
55600	VX 1	36/11		TECOM HQMC	30/13
				TEST SQUADRON	36/11
				<b>BASEWIDE TOTAL</b>	<b>235/10</b>

Vision: As one team, we will exceed customer expectations.



## Seasonal Influenza Vaccine Status



### Compliance Requirements

1. Mandatory for all Military
2. Required for all Direct Patient Care Health Care Workers; and DoD employees in which it is stipulated in position description
3. MTF notification if receipt of vaccination from non-MTF

### Reporting requirements

Navy units have 72 hours (three working days) to document, administer and report vaccination from time of vaccine receipt.

### Deadline for vaccination:

70% Active Component Vaccinated – **November 15st**  
90% Active component Vaccinated – **December 17th**

### Did you know?

According to CDC, a person infected with influenza may pass it on to others 1 day before symptoms begin to appear and as late as 5 to 7 days after symptoms appear. Children and those with weak immune systems may be contagious for longer periods of time.

Stay home if you're sick, and don't go back until you're better.

Get vaccinated and reduce your chances of getting sick with the flu to begin with...

Vision: As one team, we will exceed customer and staff expectations every day.

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## Seasonal Influenza Vaccine Status



### Influenza Vaccination Available to all Beneficiaries:

Open to Active Duty, Family Members, Retirees with a valid DOD ID as well as Mission Essential/critical Government Civilians with a current CAC. Contractors are not eligible for the vaccine from the clinic unless they also meet one of the other categories above.

### Immunization Department

Seasonal influenza vaccine is available for High Risk (pregnant, diabetic, asthmatics, etc)), and eligible beneficiaries 6 months and older on a walk-in basis from 0730 to 1600 Monday, Tuesday, Thursday, and Friday

### Preventive Medicine Department

Seasonal Influenza vaccine is available for all Active Duty on a walk-in bases from 0800 to 1130 and 1230 to 1500 Tuesdays and Thursdays

**Influenza Information Phone Line: 301-342-7894**

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### Deployment Health Assessments



- 19 personnel currently show in MRRS as requiring a PDHRA/DD2900.
- 14 are Due
- 5 are Overdue.

UIC	Command	Due	Over Due
06040K32	TEST PILOT TRAINING	2	2
39784	AIRTEVRON TWO ONE	2	0
65886	FLTREADCEN SOUTHEAST	2	0
55617	FLELOGSUPPRON 53	1	0
49659	NCTS SD DET STRATCOMMU PAX	1	1
39785	AIRTEVRON TWO ZERO	1	1
63087	FRC	3	0
06040G76	MAD	1	0
23170	CVN 77 G.W. BUSH/ NAVAIR SYSCOM (06040T9B)	1	1
		14	5



### Medical Readiness Indeterminate



- 125 personnel out 1630 have a readiness category of Indeterminate.
- Means Inability to determine health status because of overdue Periodic Health Assessment or Dental Class 4 or Mental Health Assessment.



Medical Readiness Indeterminate



Unit	Name	MRI	MRI%
06040G76	MARINE AVIATION DETACHMENT	15	17.9%
0428A	NAVSUPFAC PATUXENT RIVER M	3	5.3%
39785	AIRTEVRON TWO ZERO	7	7.2%
68346	NASC/AIR-1.0 PMO	1	2.0%
68626	LOGISTICS AND INDUSTRIAL O	4	4.0%
44689	NAVTESTPILOTSCH PAX RIVER	7	21.9%
31686	FLTSCIDEVRON ONE PAX RIVER	2	4.3%
40010	PEO(W) SUPPORT PAX RIVER M	6	12.0%
49860	NAWCACDIV PAX RIVER (NWCF	3	5.1%
39784	AIRTEVRON TWO ONE	5	8.1%
40011	PEO(T) SUPPORT PAX RIVER M	5	10.2%
00421	NAVAIRWARCENACDIV PAX RIVE	4	26.7%
39783	AIRTEVRON TWO THREE	12	10.4%
42846	STU TEST PILOT SCHOOL	13	26.0%
3712A	BUPERS S/D COMP PATUXENT M	3	60.0%
40400	ENTERPRISE AIRSPEED TEAM	0	0.0%
48137	PEO TACAIR PATUXENT RIVER	1	25.0%



Medical Readiness Indeterminate



Unit	Name	MRI	MRI%
64485	NAVAIRWARCENACDIV ST I NWC	0	0.0%
44198	PUBLIC WORKS DEPT PAX RIVE	0	0.0%
47608	NAVAL AIR STATION PAX RIVE	9	5.7%
00019	NAVAIRSYSCOM HQ PAX RIVER	0	0.0%
48301	NASC AIR 2.0 CONTRACTS	0	0.0%
31304	COMFLTREADCEN NWCF PAX RIV	0	0.0%
40012	PEO (A) SUPPORT PAX RIVER	2	7.2%
39782	NAVTEST WINGLANT	1	5.6%
31565	NAVSUP WSS SC INTERN PAX R	2	22.2%
32038	COMNAVAIRFORES DET PAX RIV	0	0.0%
3383A	RLSO NDW BROFF PAX RIVER M	0	0.0%
42325	PERSUPPDET PATUXENT RIVER	0	0.0%
48498	FLTSCIDEVRON ONE SUPPACT	2	14.3%
40330	NAVSUP FLT LOG CTR PAX RIV	5	19.2%



## MRRS Contact

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### Deployment Health Center

#### Ms. Edick

- 301-342-5492
- [Roxanne.edick@med.navy.mil](mailto:Roxanne.edick@med.navy.mil)

#### HM2 Toussaint LPO

- 301-757-2027
- [Erica.toussaint@med.navy.mil](mailto:Erica.toussaint@med.navy.mil)

# Attachment 5

## New Copays for TRICARE Pharmacy Customers

**1/11/2013**

FALLS CHURCH, Va. – New copayments for prescription drugs covered by TRICARE will go into effect soon. The Fiscal Year 2013 National Defense Authorization Act requires TRICARE to increase copays on brand name and non-formulary medications that are not filled at military clinics or hospitals. There is no increase to copays for generic medications. Increases will be effective sometime in February, depending on when system changes can be made, and the publication of a required Federal Notice.

TRICARE Pharmacy copays vary based on the class of drug and where beneficiaries choose to fill their prescriptions. The copay for generic medications stays at \$5 when a prescription is filled at a network pharmacy. There is no co-pay when generic prescriptions are filled through TRICARE Home Delivery. The new copay for a 30-day supply of a brand name medication purchased at a retail network pharmacy will be \$17, up from the current \$12. Beneficiaries using TRICARE Home Delivery will pay \$13 for brand name drugs, up from \$9. However, the Home Delivery price is for a 90-day supply.

The greatest change in copays applies to non-formulary medications. The \$25 copay for these drugs increases to \$44 at retail pharmacies and \$43 through Home Delivery. The TRICARE Uniform Formulary is a list of all the medications TRICARE covers.

For fiscal 2014 and beyond, the new law directs that copays increase annually by the same percentage as retiree cost-of-living adjustments. In years when a COLA increase would total less than a dollar, it will be delayed a year and combined with the next adjustment so increases will always be \$1 or more.

Pharmacies at military hospitals and clinics will continue to provide medications with no copays. Visit [www.TRICARE.mil/costs](http://www.TRICARE.mil/costs) for more details.

## **Changes to Prime Service Areas**

As of October 1, 2013, TRICARE Prime will no longer be available to beneficiaries living in certain areas in the United States. Prime Service Areas (PSAs) are geographic areas where TRICARE Prime is offered. PSAs were created to ensure medical readiness of the active duty force by augmenting the capability and capacity of military hospitals and clinics. The affected PSAs are not close to existing military hospitals or clinics and have never augmented care around military hospitals or clinics or Base Realignment and Closure (BRAC) locations.

If you live in an area affected by the PSA changes, you will be notified by mail. Your letter will include information about your remaining TRICARE health care options as well as where to get more information. Your TRICARE Prime benefit will remain available through the end of September as long as your enrollment fees are paid, you do not disenroll early or lose eligibility.

We want to assure you that elimination of any PSAs will not change the TRICARE benefit for our active duty service members or their families currently living in these locations and enrolled in Prime. They will remain enrolled in Prime, ensuring their access to care and out-of-pocket costs do not change.

Even if TRICARE Prime is no longer available where you live, you will still be able to use the highly-rated TRICARE Standard and Extra option. TRICARE Standard and Extra is a convenient option that has no enrollment fees and offers the freedom to see any TRICARE-authorized provider for routine or specialty care. An assigned primary care manager (PCM) is not required, and cost shares for a wide range of preventive medical services have been eliminated. With TRICARE Extra, you choose hospitals and providers within the TRICARE network, where available, and pay a lower cost share.

## **Why the Change?**

The Department of Defense (DoD) has planned to make PSA reductions since 2007, when proposals were requested for the next generation of TRICARE contracts (known as T-3). Bidders for the three U.S. regional contracts were only required to establish PSAs around military hospitals or clinics and in areas that lost military hospitals or clinics due to BRAC decisions.

Although PSA reductions under T-3 were intended to take place simultaneously, contract delays in all three U.S. regions resulted in a staggered transition. DoD senior leadership determined that existing PSAs be kept in place until all regions could fully transition to T-3. The North Region transitioned in April 2011 and the South Region followed in April 2012. The West Region will be the final region to transition under a new contractor on April 1, 2013.

In recognition of the need for beneficiaries to plan for critical health care decisions, PSAs will be continued in all regions until October 1, 2013, to coincide with the deadline for annual TRICARE Prime enrollments and fee adjustments.

## What areas are affected?

TRICARE will soon offer a ZIP code lookup tool that will help you find out if you live in an area that is affected. Sign up now to receive e-mail alerts about this topic and to learn when the ZIP code lookup tool becomes available.

## What does the Change Mean to Me?

### Active Duty Service Members

Active duty service members, including activated National Guard and Reserve members, will not be affected by PSA reductions. They will remain enrolled in TRICARE Prime or TRICARE Prime Remote, as appropriate.

### Active Duty Family Members

Active duty family members enrolled in TRICARE Prime in affected PSAs will remain in TRICARE Prime as long as they are in the same location and eligible. As always, active duty family members also have the option of using the highly-rated TRICARE Standard and Extra health Plan option.

### Retirees and Dependents

Retirees and their family members enrolled in TRICARE Prime in the affected PSAs may be able to reenroll in TRICARE Prime at a military hospital or clinic or with a primary care manager in a remaining PSA. They must fill out a new TRICARE Prime Enrollment, Disenrollment, and Primary Care Manager (PCM) Change Form (DD Form 2876) and sign Section V waiving their drive-time standards. Beneficiaries should be aware that waiving drive-time standards may require them to drive long distances for primary and specialty care. Those who do not reenroll in TRICARE Prime can use TRICARE Standard and Extra, which is consistently rated highly in beneficiary surveys. TRICARE Standard is the basic entitlement by law.

### Survivors

If you are a surviving spouse of a deceased active duty service member, how your coverage may change depends on your survivor status.

- If you are a “transitional survivor” (first three years following sponsor’s death) then you will remain in TRICARE Prime as long as you continue to live in the same location and remain eligible for TRICARE. If you move, you may need to transfer your coverage to another Prime option or use the highly-rated TRICARE Standard and Extra health plan option.
- After three years, you are no longer considered a transitional survivor and your current TRICARE Prime enrollment will end, but you may be able to reenroll in TRICARE Prime at a military hospital or clinic or with a network primary care manager in a remaining PSA by waiving your TRICARE Prime access standards. To see if you can:
  - Fill out a new TRICARE Prime Enrollment, Disenrollment, and Primary Care Manager (PCM) Change Form (DD Form 2876)

## Attachment 6. Pg. 3.

- Sign Section V waiving your drive-time standards. Please note that waiving your drive-time standards may require you to drive long distances for primary and specialty care.
- If you do not reenroll in TRICARE Prime, you can use the highly-rated TRICARE Standard and Extra health plan option. You may also enroll in the US Family Health Plan if it's offered where you live.

Surviving children are always considered "transitional survivors." They are treated like active duty family members and can remain enrolled in TRICARE Prime (as long as they continue to live in the same location) until they otherwise lose eligibility for TRICARE.

The coverage for surviving spouses and children together with their differences can be difficult to understand. Please contact your regional contractor or a Beneficiary Counseling and Assistance Coordinator for help understanding how these changes will affect you.

### **Beneficiaries Enrolled in the TRICARE Young Adult (TYA)-Prime Option**

Young adults whose sponsors are active duty service members will not be affected. Other young adults with TYA Prime in the affected PSAs may be able to waive their drive-time standards and fill out a new TRICARE Young Adult Application (DD Form 2947) to reenroll in TYA Prime at an military hospitals or clinics or with a primary care manager in a remaining PSA. Those who do not reenroll in TYA Prime can purchase coverage under TYA Standard, which is \$152 monthly, compared with \$176 for TYA Prime.

Affected beneficiaries may also have the option to enroll in the US Family Health Plan, a TRICARE Prime managed care option available through networks of not-for-profit health care systems in six areas of the United States.

### **Beneficiaries Using Other Plans**

Those who already use TRICARE for Life, TRICARE Reserve Select, TRICARE Retired Reserve, or TRICARE Standard and Extra will not be affected.

To sign up for these alerts: [www.tricare.mil](http://www.tricare.mil)