

MISSION & VISION

Chiropractic Care

Our Mission

Our mission is Force Health Protection and Family Centered Care. We train, sustain and deploy to promote, protect and restore the health of all those entrusted to our care anytime, anywhere.

Our Vision

We are recognized for superior performance in health services of the highest quality and best value. We are the benchmark for agile readiness, innovative programs and training.

QUICK INFO

Important Numbers

During the course of treatment, the AD service member's PCM will determine if specialty care (traditional or chiropractic care) is required. If chiropractic care is considered an option, the service member will undergo a screening process to rule out any medical conditions that would prohibit chiropractic care. If appropriate, the PCM will refer the service member to a chiropractic provider for treatment. While receiving chiropractic care, the service member will continue to see his or her PCM and the duration/frequency of the chiropractic services will be determined by the PCM and follow the usual referral process.

Chiropractic care received outside of the designated locations is not covered under the Chiropractic Health Care Program.

For a list of military Chiropractic program sites near you, go to:

<http://www.tricare.mil/mybenefit/home/overview/SpecialPrograms/ChiropracticCare/DesignatedLocations>



Chiropractic Care

**NOW
AVAILABLE**

For Active Duty Personnel



For an appointment, call
NHC Pax River (301)342-1506 for
evaluation by your PCM for
chiropractic care



HEALTH PROMOTIONS

Health Promotion staff can provide health risk assessments, group education, workshops, and health fairs. Our mission is to educate you about lifestyle behaviors and how they impact health, quality of life and health care. We promote a healthier lifestyle that is:

- physically fit
- emotionally and spiritually sound
- more productive

Programs Offered:

Pax River Clinic's Health Promotion staff offers seminars & counseling about: Diabetes, High Cholesterol, Healthy Eating, High Blood Pressure, Weight Management, Tobacco Cessation, and Physical Fitness Assessments.

For registration, call:

All patients are seen by appointment. Call 301-342-4050 to make an appt between 0730 and 1600, Monday through Friday.

CHIROPRACTIC BACKGROUND

The National Defense Authorization Act for fiscal year 2001 established the Chiropractic Care Program, replacing the former Chiropractic Health Care Demonstration Program (CHCDP) that ended in Sept. 1999. Eligibility for the Chiropractic Care Program Effective Oct. 1, 2001, the Chiropractic Care

SERVICES & RESOURCES

Chiropractic manipulative therapy for:

- Neck pain
- Headaches
- Low back pain
- Sprain/strain injuries
- Sports injuries

Other services include:

- Core stability/rehabilitative exercise
- Ancillary therapies

Other Resources

- Visit the TRICARE website:
<http://www.tricare.mil>
- Access health care information, create a health care log, look up medical information, and even schedule an appointment with us using TRICARE
Online: <http://www.tricareonline.com>
- Visit us on the Internet for local news:

Naval Health Clinic Patuxent River
<http://www.paxriverclinic.med.navy.mil>
(go to Tricare link for Chiropractor info)

Program is only available to active duty service members at designated military treatment facilities (MTFs). Non-active duty beneficiaries may seek chiropractic care in the local community at their own expense.

DIRECTIONS & APPOINTMENTS

Naval Health Clinic Patuxent River is located at 47149 Buse Road, Patuxent River, MD 20670-1540.

Appointment line: (301)342-1506

For additional questions about Chiropractic Care Program benefits, you can also visit the NHC Pax River TRICARE Service Center:

M - F: 0730 - 1600

Walk-in Only. Located just to the left of the Quarterdeck.

WHAT IS CHIROPRACTIC CARE?

"Chiropractic is a health care discipline which emphasizes the inherent recuperative power of the body to heal itself without the use of drugs or surgery. The practice of chiropractic focuses on the relationship between structure (primarily the spine) and function (as coordinated by the nervous systems) and how that relationship affects the preservation and restoration of health."

Source: The ACC Paradigm Statement published by the Association of Chiropractic Colleges in 1996.