

ACCESS YOUR TRICARE E-CORRESPONDENCE ON MILCONNECT

The milConnect is maintained by the Defense Manpower Data Center (DMDC) and allows beneficiaries to review personal, health care, and personnel info from one reliable source: Defense Enrollment Eligibility Reporting System (DEERS).

Benefit notifications are emailed and direct beneficiaries to a secure website at <http://milconnect.dmdc.mil>. Here beneficiaries can get answers to some of the questions on what actions must be taken to maintain military benefits and who to contact.



Some Examples of Life Events that Impact Your Benefits

- Children: find out how to add your children to your DEERS record and what benefits they are entitled to. And - how to remove them when they become ineligible.
- Marriage: find out what documents must be provided to add your spouse to your DEERS record and what benefits your new spouse will receive.
- Divorce: find out what you need to do regarding your DEERS record, and documents must be provided.
- Medicare: entitlement to Medicare health insurance could impact your eligibility for DoD healthcare. If you are entitled to Medicare, make sure you and/or your eligible family member have the proper coverage in order to keep your TRICARE.

If you do not want to receive email notifications, you may opt out. If you do not have an e-mail address on file or opt out of e-mail notifications, you will receive a postcard in the mail whenever your benefit information changes. The postcard will direct you to log on to milConnect to receive details about your benefit change.