



THE EXCEPTIONAL FAMILY MEMBER PROGRAM
SUPPORTING MILITARY FAMILIES WITH SPECIAL NEEDS



EFMP *edge*

MONTHLY NEWS & HAPPENINGS *from your EFMP LIASION*

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STOMP is coming to town!



Don't miss this opportunity to attend the nationally renowned STOMP training! This is a one-of-a-kind training designed with military families in mind – there is nothing else like it in the world!

STOMP is a parent-directed program that exists to empower military parents, individuals with disabilities, and service providers with the knowledge, skills, and resources to access services and create a collaborative environment for family and professional partnerships.

We will be holding this training at the Lighthouse Terrace Community Center aboard NASP on Thursday 1/21 12pm – 6pm and Friday 1/22 8am – 2pm. Registration is limited to the first 35 participants – so don't delay, register TODAY by calling Christopher Hendrix, School Liaison Officer at 850.665.6105. You may also RSVP via email to Christopher.p.hendri@navy.mil.

Interactive Breakouts to learn:

- What your child's IFSP/IEP can do for them with "SMART" goals
- 504 accommodations & modifications when transitioning out of high school
- Advocating – Making a Plan

What you NEED to know! (Day 1: Thursday 1/21 12pm – 6pm)

- Your rights as a parent of a child with a disability
- What to have when PCS/ETS occurs
- Communicating effectively to attain collaborative relationships for your child
- Your child's IFSP, IEP, or 504 plan

Tricare, SSI, and Medicaid for the Military Family (Day 2: Friday 1/22 8am – 2pm)

- Tricare/ECHO/ABA
- Steps to apply for SSI & Medicaid
- Wills, guardianships, & special needs trusts: planning for the future of your child without you.





Calendar of Events

Get the scope on what's happenin' around town!

Do YOU have an event to share with our EFMP community?
Email rita.h.lung_ctr@mail.mil!

1st Day Hike at Tarklin Bayou State Park
Friday, January 1 12pm – 2pm
2401 Bauer Road, Pensacola, FL 32506
Join a staff member New Years Day for a leisurely walk down the ADA accessible Tarklin Bayou Trail. The trail is approximately one mile round trip. Along the way, staff will share their knowledge of native plants found in the park.

Pensacola's 12th Mardi Gras Kick Off
Friday, January 8 12pm
1401 East Gregory St., Downtown Pensacola
The Historic streets of Downtown will host Pensacola Mardi Gras Kick Off Celebration! FREE to everyone! Come join us and Celebrate the 2016 Mardi Gras Season along with the Krewes, their King and Queens for the upcoming season, King Cake, and the town crier.

Parent-to-Parent webinar
Wednesday, January 13 12pm
Grief, Trauma, & Loss in Children
<https://cc.readytalk.com/r/37plsqxaf2fm&eom>

Gallery Night
Friday, January 15 5pm – 9pm
Downtown Pensacola
Stroll through the charming brick walkways of Downtown Pensacola to experience an eclectic array of music, art and cuisine. Explore galleries and businesses featuring the works of dozens of local artists. Soak up the sounds of local musicians and the aromas of local cuisine as the energy of the evening carries you from venue to venue. Gallery Night is a free event and many businesses provide light refreshments.

Pensacola Beach Run 10K/5K
Saturday, January 16 7:30am – 12pm
Casino Beach, Pensacola Beach
One of the premier destination road races in the Southeast and the perfect way to kick off your New Year Resolution. The event features a half marathon and a pick your distance 10k/5k, meaning participants do not have to decide whether to run the 10k or the 5k until they are out on the course!

Thursday, January 21 | 12pm – 6pm
Friday, January 22 | 8am – 2pm
Lighthouse Terrace Community Center
1 Price Ave, NAS Pensacola



Tutor.com for Military Families
Funded by the DOD, eligible students can access live academic support from Tutor.com at no cost. Join the interactive webinar to learn how Tutor.com works to reduce stress while getting (or keeping) great grades, what makes Tutor.com different from traditional tutoring, & how to access all the features of Tutor.com.

Wednesday 1/20 12pm:
<https://attendee.gotowebinar.com/register/570765653370304770>

Wednesday 1/20 8pm:
<https://attendee.gotowebinar.com/register/280228501824930561>

Thursday 1/21 1pm:
<https://attendee.gotowebinar.com/register/2668317179819542785>

Thursday 1/21 6pm:
<https://attendee.gotowebinar.com/register/2419077685012036609>

TRIVIA CORNER

think you know EFMP?



- EFMP provides 40hrs/month of FREE respite care to children who are category 4 or 5.**
TRUE or FALSE
- There are ___ categories in the EFMP.**
a) 5 categories
b) 6 categories
c) 7 categories
- If I have an EFMP family member, I will never go overseas.**
TRUE or FALSE

Answers:
1. TRUE!
2. There are 6 categories.
3. FALSE!! Many EFMP families are serving OCONUS right now!



You must update your EFMP status every THREE (3) years OR when your needs and/or diagnosis changes!

Stop by for a visit – we would love to meet you!
Naval Hospital Pensacola
6000 West Highway 98, Pensacola, FL 32512
850.505.6822