

FAQs

Will EFMP enrollment hurt my chances for promotion?

Promotion & selection boards DO NOT have access to your EFMP status. Every effort is made to match the sponsor's career path with the needs of the family.

Will enrollment limit assignments or deployments?

No. Your assignments will vary depending on your category. Locations may be in remote areas or at large fleet concentration areas. Additionally, all active-duty members must remain worldwide deployable & assignable with proper sea/shore rotations.

Am I still eligible for an accompanied overseas assignment?

Overseas screening is the same for all families anticipating accompanied orders. Each assignment is considered on an individual basis.

SUMMARY of the Enrollment Process

- Special needs family member is identified:
 - during routine health care by provider
 - self-identify (by Sailor or family)
 - during suitability screening
- The MTF Coordinator assists with completing forms
- The MTF Coordinator forwards the completed forms to the Central Screening Committee in Portsmouth, VA.
- The CSC reviews the packet & recommends a category code to the Navy EFMP Manager in Millington, TN.
- Navy detailers use the EFMP enrollment data to pinpoint assignments to locations with appropriate resources.

The whole process can take 9 – 12 weeks.

ENROLL EARLY!

National Resources

Contact your EFMP Liaison for a list of local resources!

Program	Website
Navy Personnel Command	www.npc.navy.mil
Fleet and Family Support Programs	www.ffsp.navy.mil
Navy Bureau of Medicine and Surgery (BUMED)	www.med.navy.mil
Navy and Marine Corps Relief Society	www.nmcrs.org
Military OneSource	www.militaryonesource.com
Military HomeFront	www.militaryhomefront.dod.mil
Military Installations	www.militaryinstallations.dod.mil
TRICARE	www.tricare.osd.mil
ECHO	www.tricare.mil/mybenefit/home/LifeEvents/SpecialNeeds/ECHO
Department of Health and Human Services	www.hhs.gov
Social Security Administration	www.ssa.gov
DoD Educational Activity (DoDEA)	www.dodea.edu
Specialized Training of Military Parents (STOMP)	www.stonproject.org
Parent Educational Advocacy Training Center (PEATC)	www.peatc.org
The National Dissemination Center for Children with Disabilities (NICHCY)	www.kidsource.com/nichcy www.facebook.com/nichcy
Family Education	www.familyeducation.com
Exceptional Parent Magazine	www.eparent.com
Armed Services YMCA	www.asymca.org
Navy Personnel Command Humanitarian Transfer Desk	901-874-3542/DSN 882
Incapacitated Dependent Program (INCDP)	901-874-3360/DSN 882

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WHAT is the Exceptional Family Member Program (EFMP)?

The Navy's **Exceptional Family Member Program (EFMP)** is a quality of life program that provides continuity of care for family members with special needs by ensuring that medical & educational needs are considered in the detailing process.

EFMP enrollment provides family support throughout the sponsor's career & ensures consideration of the family's needs during the assignment process by ensuring availability of necessary resources at the prospective duty station.

WHO is eligible to enroll?

Enrollment is **MANDATORY** for Sailors with dependents that are:

- Enrolled in DEERS
- Diagnosed with chronic medical, dental, mental health, developmental, and/or educational conditions requiring special care & services
- Resides with the sponsor (excluding geographic bachelors & family members in residential care facilities)

WHEN & HOW do I enroll?

New enrollments are initiated online via the Navy Family Accountability & Assessment System (NFAAS)

<https://navyfamily.navy.mil>

Fleet & Family Support Center EFMP Liaisons & Military Treatment Facility (MTF) Coordinators can provide enrollment, update, & disenrollment assistance.

Enrollment forms are available from any of the above personnel or online at www.npc.navy.mil. Completed packets should be submitted to your local MTF EFMP Coordinators for processing.

Benefits of the EFMP

WHY should I enroll?

For your Career >>>

EFMP promotes peace of mind for deployed service members. The program facilitates coordination with overseas screening to confirm availability of medical & educational support overseas. Mandatory EFMP enrollment enhances command readiness through support to the service member & family, and improves retention by providing support to skilled Sailors who might otherwise separate from the Navy to meet their family's needs. EFMP also decreases costly & stressful overseas personnel returns by ensuring special needs are considered during the initial assignment process.

For your Family >>>

EFMP Liaisons can provide networking, information, referral, non-medical case management, systems navigation, individualized services plan, & assistance during PCS moves. EFMP improves quality of life & continuity of care for family members, and avoids unnecessary & stressful family separations. The program also provides access to Tricare ECHO services. Families may also be eligible for preferential status for on-base housing & respite care through the National Association of Child Care Resource & Referral Agencies (NACCRA).

WHERE will I be assigned?

Once enrolled, your EFM will be placed into one of six categories, based on the type, severity, & frequency of the medical and/or educational intervention they require.

This category is used as a guideline for future assignments. **Updates are required every three years, 12 months prior to PRD, or when EFM changes occur.**

- Category 1: No assignment limitation; monitoring purposes
- Category 2: Pinpoint overseas & CONUS
- Category 3: No overseas assignments
- Category 4: Within 50-mile radius of a major medical center (MTF or civilian facility)
- Category 5: Homestead program to an area that can support multiple sea/shore rotations
- Category 6: Temporary category (6 months – 1yr).



When Should I Request Disenrollment from the Program?

You may request disenrollment when your exceptional family member (EFM) no longer requires special services as validated by a physician or school official, conditions are in remission for a minimum of three years with no more than routine primary care, or your EFM no longer resides with you due to divorce, loss of custody, or death.

Contact your EFMP Liaison or MTF Coordinators for more information regarding the disenrollment criteria & process.