



Respite Care

FREE for cat 4 & 5 families through
NACCRRA CHILD CARE AWARE

Call
Child Care
Aware

1-800-424-2246

*for more
information!*



What is Navy EFMP Respite Care?

This program is a partnership between the U.S. Navy & NACCRRA, & is specifically designed for Navy families who have children identified as Exceptional Family Members (EFM), category IV or V. This includes exceptional family members whose medical condition requires assignment near major medical facilities in the continental United States, or whose needs are complex and specialized requiring continuity of care. EFMP Respite Care will help Navy families with children with special needs by providing 40 hours of respite care per month so they can leave the house, go to an appointment, or just rest, while knowing that their child is well cared for.

What is included in Navy EFMP Respite Care?

40 hours per month at NO cost to eligible families

Who is eligible for EFMP Respite Care?

Navy families will be eligible for the EFMP Respite Care if the following criteria have been met:

- The family is enrolled in the Navy's Exceptional Family Member Program (EFMP) 1
- The EFM child is age birth through 18 years & category IV or V
- Children must reside with Service Member

What do I need to apply?

Once eligibility has been confirmed, Child Care Aware® will connect the family with the local agency administering the Navy EFMP Respite Care. This agency will work individually with each family to complete the necessary application and assist with connecting the family to a respite care provider that will meet their needs.

