

For 22-28 April

CONNECT WITH TRICARE ON YOUR MOBILE DEVICE

With TRICARE mobile websites and smartphone apps, you can take advantage of online resources, account and benefit information and educational resources from TRICARE and its contractors.



TRICARE Mobile Website:

TRICARE beneficiaries worldwide can now access www.tricare.mil using mobile devices including tablets and smartphones.

South Region: Humana Military Mobile:

Beneficiaries in the South Region can access health care information via smartphone or other mobile device by visiting Humana Military's mobile version of its website, at m.humana-military.com.

TRICARE Pharmacy Program on your Phone:

The TRICARE Pharmacy Program and drug information can be accessed on the Express Scripts mobile site at www.express-scripts.com/mobile/ or by downloading the Express Rx app for iPhone and Android.

MilConnect Mobile from Defense Manpower Data Center:

Visit <http://milconnect.dmdc.mil> on any smartphone or web-enabled device to access the milConnect website of the Defense Manpower Data Center.

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