Like our FACEBOOK page:

NAVAL HOSPITAL PENSACOLA

Apps:
- NH Pensacola
- Navy Life
- NFAAS

Preparedness Apps:
- American Red Cross (ARC)
- Hurricane
- Flood
- Tornado
- Wildfire
- FEMA

Note from your Ombudsman

I take great pride and honor in serving as the NH-Pensacola Ombudsman and caring for you! As a former Naval Officer and current AD spouse along with the numerous military/civilian resources, I am able to offer you and your families a broad spectrum of assistance. Please, do not hesitate to call or email me with questions, concerns and/or needs. I look forward to hearing from you!

Best Wishes,
Laura Taylor

“The miracle is not that we do this work, but that we are happy to do it.”

- Mother Teresa

Laura Taylor
(850)377-4325

nhpombudsman@yahoo.com
What is the Ombudsman Program?
The Navy Family Ombudsman Program is a Navy wide program established to improve mission readiness through improved family readiness by helping meet the challenges of a military lifestyle. The program helps commanders and commanding officers have a better understanding of the welfare of the command's families. It also assists commands and families to be better prepared to meet emergency situations.

- Provides communication
- Provides outreach
- Resource referral
- Information resource
- Advocacy to and for command families

History of the Ombudsman
The program was introduced to the U.S. Navy by Z-gram 24 on 14 September 1970 by the Chief of Naval Operations (CNO), Admiral Elmo Zumwalt. This program was adapted from a 19th century Scandinavian custom.

Ombudsman Duties:
- Serve as liaison between command and command families
- Keep commander aware of general morale, health and welfare of command’s families
- Contact families upon arrival to command
- Communications with families during deployments
- Disseminate information about local military/civilian resources
- Resource for emergency and crisis information
- Immediate action taken when reportable issues or life endangering situations come to their attention
- Adhere to strictest code of confidentiality
- Write/disseminate a Newsletter
- Attend Indocs, Assembly meetings, and command functions

Quick Resources:
- Emergency number - on base: (850) 452-3333 off base: 911
- Hospital Appointments: (850) 505-7120
- Fleet & Family Support Center (FFSC) (850) 452-5991 ext 3102, 3103 and 3124
- MWR (850) 452-3806
- NMCRS (850) 452-2300
- TRICARE: (800) 444-5445
- DEERS: (850) 452-3617 ext 3903
- Military Directory: (850) 452-3100

Naval Hospital Pensacola
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Pensacola, FL 32512
(850) 505-6601 or (DSN) 534-6601
Visit us on the web: http://www.med.navy.mil/sites/pcola