

LCDR Anthony J. Litwinchuk Jr., MSC, USN

Lieutenant Commander Anthony (A.J.) Litwinchuk graduated from the University of Minnesota – Twin Cities in 2014 with bachelor’s degree in Speech Language and Hearing Sciences. He continued his education at the University of Minnesota – Twin Cities and graduated with a Doctorate of Audiology in 2018. Upon graduation, he was selected to the Navy Health Services Collegiate Program and completed his residency in Audiology at Naval Medical Center San Diego.

Lieutenant Commander Litwinchuk was stationed at U.S. Naval Hospital, Guam from September 2018 until October 2020 as the Department Head of Audiology. He led the Command Medical Inspector General team and was selected as the Command Compliance Officer. Lieutenant Commander Litwinchuk served as a Joint Region Marianas Regional Operational Center representative where he coordinated USNH Guam responses with local civilian and military emergency management groups. He checked into Navy Medicine Readiness and Training Command, Portsmouth in October 2020 and served as the Assistant Department Head and Department Head for Occupational Audiology. He oversaw the largest hearing conservation program in the Navy and led remote testing sites on shore and afloat. He was competitively selected to serve as the Administration Officer, Assistant Officer in Charge, and Interim Officer in Charge for Naval Medical Readiness and Training Unit Norfolk where he led 350 staff members in all daily operational functions within the Norfolk tetrad to include administrative, ancillary services, and primary care departments. Lieutenant Commander Litwinchuk is currently stationed at the Navy Environmental and Preventive Medicine Unit Two in Norfolk, VA. He collaborates with fleet safety officers and hearing conservation program managers to ensure hearing conservation best practices are executed throughout the region. He leads all custom hearing protection operations and brought the first eFit ear scanning capabilities to operational platforms in the Navy. Currently he serves as the Assistant Officer in Charge of NEPMU-2. He collaborates with public health subject matter experts and the comprehensive industrial hygiene lab to ensure readiness of forces across multiple combatant commands. Additionally, he supports the manning, training and equipping of three forward deployable preventive medicine units.

Lieutenant Commander Anthony J. Litwinchuk’s personal medals and accomplishments include Navy Marine Corps Achievement Medal, Navy Marine Corps Commendation Medals, Navy Meritorious Unit Citation, and Armed Forces Service Medal. He was selected as Navy Medicine’s Audiologist of the Year for 2021 and was awarded the 2023 Department of Defense Elizabeth Guild Award from the Military Audiology Association. In 2022, he was selected to the Navy’s Low Residency Graduate Education Program and graduated with a master’s degree in international studies from Old Dominion University in 2024. He is board certified through the American Speech and Hearing Association.



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