

ANTHROPOMETRIC DATA RECORD
NAVMED 6410/9 (Rev. 4-77) S/N 0105-LF-206-4145

(Print or Type Plainly)

NAME (Last, First, Middle Initial)			GRADE/RATE	Social Security Number	Designator	Service
AGE	DATE OF EXAMINATION Day Month Year	ACTIVITY CONDUCTING EXAM		TRAINING PROGRAM (Circle One) Pilot NFD Other (Specify)		

ANTROPOMETRIC DATA

MEASUREMENTS

All sitting measurements are taken with the aircrewman sitting erect; looking straight ahead; head, shoulders, back and buttocks firmly against the seat back and fully inspired.

A. WEIGHT Taken to nearest pound on standard scale with subject in underwear.	POUNDS	
B. HEIGHT Vertical distance from floor to top of head with subject standing erect in bare feet.	INCHES	
C. SHOULDER WIDTH Distance across shoulders between greatest protrusion of deltoid muscles.	INCHES	
D. TRUNK HEIGHT Vertical distance from seat surface to shoulder with subject sitting erect.	INCHES	
1. SITTING HEIGHT Vertical distance from seat surface to top of head with subject sitting erect.	INCHES	CODE
2. FUNCTIONAL REACH Horizontal distance from back of shoulder to tips of thumb and forefinger pressed together.	INCHES	CODE
3. BUTTOCK KNEE LENGTH Distance from back of buttock to front of kneecap with subject sitting erect.	INCHES	CODE
4. BUTTOCK-LEG LENGTH Distance from back of buttock to heel of foot (plantar aspect) with subject sitting erect, leg extended.	INCHES	CODE

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