

PLAQUE CONTROL RECORD

Personal data - Privacy Act of 1974

<p>D F 1 2 3 4 5 6 7 8 L</p> <p>D L 32 31 30 29 28 27 26 25 F</p>	<p>M D 9 10 11 12 13 14 15 16 L</p> <p>M D 24 23 22 21 20 19 18 17 F</p>	
PREVIOUS INDEX _____	PRESENT INDEX _____	DATE _____

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PREVIOUS INDEX _____	PRESENT INDEX _____	DATE _____

PATIENT'S IDENTIFICATION (Use this Space for Mechanical Imprint)	PATIENT'S NAME (Last, First, Middle Initial)			SEX
	DATE OF BIRTH	RELATIONSHIP TO SPONSOR	COMPONENT/STATUS	DEPART/SERVICE
	SPONSOR'S NAME			RANK/GRADE
	SSN OR IDENTIFICATION NO.		ORGANIZATION	

PLAQUE CONTROL RECORD

PATIENT'S NAME _____ SSN _____

D	1	2	3	4	5	6	7	8	F	M	9	10	11	12	13	14	15	16	D	
									L	L										
D	32	31	30	29	28	27	26	25	L	M	24	23	22	21	20	19	18	17	D	
									F	F										

PREVIOUS INDEX _____ PRESENT INDEX _____ DATE _____

D	1	2	3	4	5	6	7	8	F	M	9	10	11	12	13	14	15	16	D	
									L	L										
D	32	31	30	29	28	27	26	25	L	M	24	23	22	21	20	19	18	17	D	
									F	F										

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INSTRUCTIONS FOR COMPLETING THE PLAQUE CONTROL RECORD

1. The Plaque Control Record provides a simple, sequential index of plaque retention in the dentogingival areas of the mesial (M), distal (D), facial (F), and lingual (L) tooth surfaces.
2. At the initial appointment, indicate missing teeth with a vertical line through the appropriate circle(s). A suitable disclosing solution is painted on all exposed tooth surfaces. After the patient has rinsed, the operator, using an explorer or the tip of a probe, examines each stained surface for soft accumulations at the dentogingival junction. When found, they are recorded by making a mark in the appropriate spaces on the record form. Soft accumulations on tooth surfaces not at the dentogingival junction are not recorded. No attempt is made to differentiate between varying amounts of soft accumulation; i.e., each tooth surface is determined to be "yes" or "no".
3. After all teeth are examined and scored, an index can be derived by dividing the number of plaque containing surfaces by the total number of available surfaces (number of teeth present multiplied by 4). Multiply this quotient by 100 to obtain the index; i.e., the percentage of plaque retention on the dentogingival tooth surfaces.
4. The same procedure is carried out at subsequent appointments to determine the patient's progress in learning and carrying out the prescribed oral hygiene procedures.