



Women's Health Training Toolkit



Interested in hosting a Women's Health Training to empower service members to proactively manage their well-being and medical readiness?

GET STARTED WITH A READY-TO-GO TOOLKIT



The Women's Health Training Toolkit **contains all resources needed to host an engaging and informative Women's Health Training.** Toolkit resources include interactive training materials and facilitation guidance.



The training toolkit was created by subject matter experts from the Bureau of Medicine Surgency (BUMED) Office of Women's Health and the Female Force Readiness Clinical Community.

ACCESSING THE GUIDE

Follow this link:

<https://www.med.navy.mil/Navy-and-Marine-Corps-Force-Health-Protection-Command/Womens-Health/default/>

OR Scan this Quick Response Code



THIS TOOLKIT INCLUDES:

- **Curriculum** and associated presentation and activity materials
- A **facilitation guide** to prepare and lead instructors through the training
- A **training planning guide** to support medical personnel preparing to host a training
- A **customizable flyer** for medical personnel to advertise upcoming trainings