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SUBJ/2022 NAVY SURGEON GENERAL'S BLUE H - HEALTH PROMOTION AND WELLNESS AWARD WINNERS//

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RMKS/TYCOMS ARE REQUESTED TO FORWARD THIS MESSAGE TO ALL UNITS UNDER THEIR COGNIZANCE//

1. I am proud to announce the Navy and Marine Corps winners of the 2022 Blue H - Navy Surgeon General's Health Promotion and Wellness Award, managed by the Navy and Marine Corps Public Health Center (NMCPHC) and Defense Centers for Public Health-Portsmouth (DCPH-P).

2. The Navy fleet command categories recognize excellence in workplace health promotion policies, activities, and outcomes. The medical treatment facility category recognizes excellence in clinical primary prevention services, community health promotion, and medical staff health. Health topics covered include responsible drinking, violence and injury free living, healthy eating, active living, psychological health, sexual health, tobacco free living, and weight management. Awards may be earned at three levels: Gold Star, Silver Eagle, and Bronze Anchor. Every organization that properly applied received at least the Bronze Anchor level award. Commands that achieved a minimum of 50 percent of available points for every topic earned the Silver Eagle level award. Commands that achieved at least 50 percent of available points in every topic, achieved key must-do criteria and also achieved 80 percent of the total available points, earned the Gold Star level award.

3. Primary prevention policies and activities in Navy and Marine Corps workplaces, communities, and medical treatment facilities are critical to maintaining a fit and ready force. Reducing behavioral risk also enhances individual quality of life and reduces long-term healthcare costs.

4. I commend the 405 Navy and Marine Corps winners. The total breakdown is 189 Bronze Anchor, 128 Silver Eagle, and 88 Gold Star award winners. I invite all commands to participate in the Blue H in 2024.

5. Marine Corps Commands: Breakdown is 42 Total, 12 Gold Star, 18 Silver Eagle, and 12 Bronze Anchor.

a. USMC Gold Star level winners are: 12th Dental Company; 3rd Dental Battalion; Marine Corps Community Services (MCCS) Iwakuni Semper Fit; MCCS Marine Corps Air Ground Combat Center Twentynine Palms CA Semper Fit; MCCS Marine Corps Air Station (MCAS) Cherry Point Semper Fit; MCCS MCAS Miramar; MCCS Marine Corps Base (MCB) Camp Lejeune New River; MCCS MCB Camp Pendleton Semper Fit; MCCS MCB Hawaii Semper Fit; MCCS MCB Quantico Semper Fit; MCCS MCB Smedley D Butler Semper Fit; MCCS Marine Corps Recruit Depot San Diego.

b. USMC Silver Eagle winners are: 1st Dental Battalion Naval Dental Center; 1st Marine Expeditionary Force Information Group; 12th Marine Regiment; 3rd Battalion 12th Marines; 3rd Marine Littoral Regiment Headquarters Company; 3rd Reconnaissance Battalion; 4th Marine Logistics Group; 4th Marine Regiment 3rd Marine Division; Field Medical Training Battalion East; Marine Aerial Refueler Transport Squadron 152; Marine Air Control Squadron 1; Marine Aircraft Group 12 Headquarters Squadron; Marine Fighter Attack Training Squadron 101; Marine Fighter Attack Squadron 121; Marine Fighter Attack Squadron 242; Marine Raider Regiment; Marine Wing Support Squadron 371; Marine Wing Support Squadron 373.

c. USMC Bronze Anchor level winners are: 1st Battalion 12th Marines; 3d Marine Division Headquarters Battalion; 3rd Battalion 1st Marines; 3rd Battalion 3rd Marines; 3rd Radio Battalion; 5th Marine Regiment 1st Marine Division; Deployment Processing Command Reserve Support Unit West; Field Medical Training Battalion West; Marine Aviation Logistics Squadron 12; Marine Medium Tiltrotor Squadron 268; Marine Wing Support Squadron 171; Marine Wing Support Squadron 172.

6. Navy Commands: Breakdown is 363 total, 76 Gold Star, 110 Silver Eagle, and 177 Bronze Anchor.

a. USN Gold Star level winners are: Airborne Command and Control Squadron 113; Aviation Survival Training Center (ASTC) Jacksonville; ASTC Miramar; ASTC Norfolk; Carrier Strike Group 9; Electronic Attack Squadron (VAQ) 132; Explosive Ordnance Disposal Mobile Unit 1; Fighter Squadron Composite 111; Fleet Logistics Support Squadron (VR) 57; VR 62; Helicopter Sea Combat Squadron (HSC) 85; HSC 3; Joint Special Operations Command Joint Medical Unit; Maritime Expeditionary Security Squadron (MSRON) 4; MSRON 11; Mobile Diving and Salvage Unit 1; Mobile Diving and Salvage Unit 2; Naval Branch Health Clinic 31 Area; Naval Branch Health Clinic David R Ray Quantico; Naval Special Operations Medical Institute; Naval Special Warfare Group 8 Logistics and Support Unit; Navy and Marine Corps Public Health Center; Navy Environmental and Preventive Medicine Unit (NEPMU) 5; NEPMU 6; Navy Medicine Readiness and Training Command (NMRTC) Annapolis; NMRTC Beaufort; NMRTC Bremerton; NMRTC Camp Lejeune; NMRTC Camp Pendleton; NMRTC Charleston; NMRTC Cherry Point; NMRTC Corpus Christi; NMRTC Corpus Christi San Antonio Detachment; NMRTC Detachment Saratoga Springs; NMRTC Guam; NMRTC Jacksonville; NMRTC Lemoore; NMRTC New England Newport; NMRTC Oak Harbor; NMRTC Okinawa; NMRTC Pearl Harbor; NMRTC Pensacola; NMRTC Rota Spain; NMRTC San Diego; NMRTC San Diego Detachment El Centro; NMRTC Sigonella; NMRTC Twentynine Palms; NMRTC Yokosuka Japan; Navy Medicine Readiness and Training Detachment (NMRTD) Camp Fuji; NMRTD Bridgeport; Navy Medicine Readiness and

Training Unit (NMRTU) Atsugi; NMRTU Belle Chasse; NMRTU Chinhae; NMRTU Diego Garcia; NMRTU Everett; NMRTU Kingsville; NMRTU Memphis; NMRTU Meridian; NMRTU Norfolk; NMRTU Portsmouth NH; NMRTU Sasebo; NMRTU Kings Bay; Navy Medicine Training Support Center; Navy Reserve Center (NRC) Charlotte and Navy Reserve (NR) Camp Geiger Medical; NRC Eleanor; NRC Raleigh and NR NMRTC Camp Lejeune Det C; Naval Special Operations Medical Institute; Patrol Squadron 62; SEAL Delivery Vehicle Team 1; USNS COMFORT (T-AH-20); USS ABRAHAM LINCOLN (CVN 72); USS AMERICA (LHA 6); USS BOXER (LHD 4); USS CHARLESTON (LCS 18) Gold; USS DWIGHT D EISENHOWER (CVN-69); USS WASP (LHD 1).

b. USN Silver Eagle winners are: Airborne Command and Control Squadron 123; Amphibious Construction Battalion 2; Assault Craft Unit 5; ASTC Whidbey Island; Beachmaster Unit 2; Carrier Air Wing 2; Carrier Strike Group 1; Carrier Strike Group 3; Center for Security Forces Detachment North Island; Commander US Naval Forces Europe Africa US Sixth Fleet; Defense Service Office Pacific; VAQ 135; VAQ 138; Explosive Ordnance Disposal Expeditionary Support Unit 2; Explosive Ordnance Disposal Group 2; Fleet Activities Yokosuka; Fleet Logistics Multi-Mission 30; VR 1; VR 56; VR 59; Helicopter Maritime Strike Squadron (HSM) 35; HSM 46; HSM 51; HSM 60; HSM 75; HSM 78; HSM 79; Helicopter Maritime Strike Weapons School Pacific; Helicopter Mine Countermeasures Squadron 15; HSC 12; HSC 21; HSC 23; HSC 25; Joint Strike Fighter Wing; MSRON 1; MSRON 1 Training and Evaluation Unit; MSRON 10; Naval Medical Forces Support Command; Naval Medical Research Center Silver Springs; Naval Mobile Construction Battalion 4; Navy Entomology Center of Excellence; NEPMU 2; Navy Medicine Operational Training Center (NMOTC) Headquarters; NMOTC Surface Warfare Medical Institute; NMOTC Detachment Hospital Corpsman Trauma Training Great Lakes; NMRTC Pensacola Detachment Crane; NMRTD Panama City; NMRTU Iwakuni; NMRTU Bahrain; NMRTU China Lake; NMRTU Fort Worth; NMRTU Groton; NMRTU Key West; NMRTU Point Loma; NMRTU Yuma; Navy Region Southeast Reserve Component Command Fort Worth; NRC Akron; NRC Alameda and NR NMRTC San Diego Alameda; NRC Avoca; NRC Baltimore; NRC Billings and NR NMRTC Camp Pendleton Billings; NRC Columbia; NRC Columbus GA; NRC Corpus Christi; NRC El Paso; NRC Fargo; NRC Fort Dix and NR OCS Quantico Medical; NRC Fort Worth; NRC Green Bay; NRC Greensboro and NR NMRTC Portsmouth Greensboro; NRC Guam; NRC Jacksonville; NRC Lemoore; NRC Madison WI; NRC Miami and Navy Medical Readiness and Training Command Jacksonville Det Miami; NRC New London; NRC Newport; NRC Orlando and NR NMRTC Jacksonville Det E; NRC Puerto Rico; NRC San Diego; NRC Tucson and NR NMRTC Corpus Christi Tucson; NRC Washington D.C.; NRC Wichita; Navy Reserve Region Readiness and Mobilization Command Fort Worth; Patrol Squadron 8; Patrol Squadron 69; SEAL Team 17; Special Boat Team 12; VFA 192; Tactical Air Control Squadron 12; US Aegis Ashore Missile Defense System Romania; USNS MERCY (T-AH 19); USS BATAAN (LHD 5); USS CARL VINSON (CVN 70); USS DONALD COOK (DDG 75); USS GEORGE H W BUSH (CVN 77); USS GERALD R FORD (CVN 78); USS GREEN BAY (LPD 20); USS GUNSTON HALL (LSD-44); USS HARRY S TRUMAN (CVN 75); USS IWO JIMA (LHD 7); USS JOHN P MURTHA (LPD 26); USS MAKIN ISLAND (LHD 8); USS NEW YORK (LPD 21); USS NIMITZ (CVN 68); USS RONALD REAGAN (CVN 76); USS RUSHMORE (LSD 47); USS SAVANNAH (LCS 28) BLUE; USS THEODORE ROOSEVELT (CVN 71); USS TRUXTON (DDG-103).

c. USN Bronze Anchor level winners are: Air Test and Evaluation Squadron 1; Airborne Command and Control Squadron 121; ASTC Cherry Point; ASTC Lemoore; ASTC Patuxent River; ASTC Pensacola; Bureau of Medicine and Surgery; Carrier Air Wing 7; Carrier Air Wing 11; Center for Security Forces

Learning Site Mayport; VAQ 129; VAQ 134; VAQ 136; VAQ 140; VAQ-144; Explosive Ordnance Disposal Mobile Unit 6; Fighter Squadron Composite 13; Fleet Air Reconnaissance Squadron 4; Fleet Air Reconnaissance Squadron 7; Fleet Air Reconnaissance Squadron 3; Fleet Logistics Multi-Mission Squadron 50; VR 1 Detachment Hawaii; VR 30; VR 40; VR 53; VR 54; VR 61; Fleet Readiness Center Reserve Mid-West; Fleet Surgical Team 1; Fleet Surgical Team 2; HSM 41; HSM 48; HSM 50; HSM 77; Helicopter Maritime Strike Wing Pacific; Helicopter Mine Countermeasures Squadron 12; HSC 4; HSC 5; HSC 26; HSC 28; Helicopter Sea Combat Wing PACIFIC; Hospital Corpsman Trauma Training; Joint Task Force Guantanamo Joint Medical Group; Maritime Expeditionary Security Group 2; MSRON 1; MSRON 2; MSRON 3; MyNavy Career Center; Naval Aerospace Medical Institute; Naval Air Facility Misawa; Naval Branch Health Clinic John H Bradley Quantico; Naval Branch Health Clinic Washington Navy Yard; Naval Forces Central Command Detachment Isa Air Base; Naval Health Research Center; Naval School Explosive Ordnance Disposal; Naval Special Warfare Group (NSWG) 2; NSWG 4; NSWG 11; Naval Support Facility Thurmont; Naval Surface Group Middle Pacific; Naval Survival Training Institute; Naval Technical Training Center Lackland; Naval Undersea Medical Institute; Navy Drug Screening Laboratory Great Lakes; NEPMU 7; Navy Expeditionary Combat Forces Central Task Force 56; Navy Information Operations Command Colorado; Navy Medical Leader and Professional Development Command; Navy Medical Readiness Logistics Command; Navy Medical Research Unit 2; Navy Medicine Operational Training Center Detachment Navy Expeditionary Medical Training Institute; NMRTC Portsmouth NRC Long Island Detachment; NMRTC Detachment Indian Head; NMRTC Detachment Joint Base Andrews; NMRTC Great Lakes; NMRTC Guantanamo Bay; NMRTC Naples Italy; NMRTC Patuxent River; NMRTC Portsmouth; NMRTC Quantico; NMRTU Albany; NMRTU Dahlgren; NMRTU Earle; NMRTU Fallon; NMRTU Gulfport; NMRTU Mayport; NMRTU Naval Base San Diego; NMRTU Port Hueneme; NMRTU Whiting Field; NR Southwest Reserve Component Command San Diego; NRC Albuquerque; NRC Amarillo; NRC Atlanta; NRC Augusta and Navy Medicine Readiness and Training Center Augusta; NRC Austin; NRC Bangor ME; NRC Battle Creek; NRC Birmingham; NRC Buffalo; NRC Charleston; NRC Chattanooga and NR NMRTC Bethesda Det E; NRC Colorado Springs; NRC Columbus OH and Navy Reserve Fisher Medical Detachment Columbus.; Navy Reserve Center Corpus Christi; NRC Denver; NRC Detroit; NRC Earle and Navy Reserve Portsmouth Detachment Earle; NRC Fallon; NRC Indianapolis; NRC Las Vegas; NRC Little Rock and Navy Medical Readiness Training Command Corpus Christi Little Rock AR; NRC Long Island; NRC Los Angeles; NRC Minneapolis; NRC Nashville; NRC New Castle and Navy Reserve NMRTC Portsmouth New Castle Detachment; NRC New Orleans and NR NMRTC Unit Belle Chase; NRC New York City and The Basic School Quantico Medical; NRC North Island; NRC Omaha; NRC Pearl Harbor; NRC Pensacola and Navy Medicine Readiness Training Command Jacksonville Det H; NRC Phoenix; NRC Portland; NRC Quincy; NRC Richmond; NRC Riverside; NRC Rock Island; NRC Sacramento; NRC San Antonio; NRC San Jose; NRC Tallahassee; NRC Tampa and Navy Medicine Readiness and Training Command Jacksonville Tampa; NRC Ventura County; NRC Whidbey Island; NRC White River Junction; NR Forces Command; NR Professional Development Center; NR Region Readiness and Mobilization Command; NR Region Readiness and Mobilization Command Jacksonville; Office of Naval Intelligence; Patrol Squadron 5; Patrol Squadron 9; Patrol Squadron 10; Patrol Squadron 16; PCU John F Kennedy (CVN-79); Recruit Training Command; SEAL Team 2; Special Projects Patrol Squadron 2; Strategic Communications Wing 1; Strike Fighter Squadron (VFA) 2; VFA 25; VFA 86; VFA 102; VFA 103; VFA 113; VFA 122; VFA 125; VFA 136; VFA 147; VFA 154; Unmanned Patrol

Squadron 19; US 7th Fleet; US Aegis Ashore Missile Defense System Poland; US Naval Forces Central Command; USNS MIGUEL KEITH (ESB-5) GOLD; USS ARLINGTON (LPD 24); USS FORT LAUDERDALE (LPD 28); USS GABRIELLE GIFFORDS (LCS 10) BLUE; USS GEORGE WASHINGTON (CVN 73); USS GERMANTOWN (LSD 42); USS JOHN C STENNIS (CVN-74); USS KEARSARGE (LHD 3); USS MESA VERDE (LPD 19); USS OAK HILL (LSD 51); USS OSCAR AUSTIN (DDG 79); USS ROSS (DDG 71).

7. Released by RADM Darin K. Via, Surgeon General of the Navy.//

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