



Toughness & Perseverance

Q U O T E S

“Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.”

— **Thomas Jefferson**

“Life is rough, so you gotta be tough.”

— **Johnny Cash**

“You just can’t beat the person who won’t give up.”

— **Babe Ruth**

“If you're going through hell, keep going.”

— **Winston Churchill**

“Successful people never, never give up.”

— **Lynda Fiel**

“The little oak was once a little nut
who held its ground.”

— **Author Unknown**

“Our greatest glory is not in never falling, but in
rising every time we fall.”

— **Confucius**

“I've failed over and over and over again in my life.
And that is why I succeed.”

— **Michael Jordan**

“No mountain is tall enough to climb for a
determined and dedicated person.”

— **Anurg Prakesh Ray**

“The ability to continue moving when you are
feeling scared, fearful or lazy is the sign
of true mental strength.”

— **Matthew Donnelly**

“Always remember you are braver than you
believe, stronger than you seem and
smarter than you think.”

— **Christopher Robin**