



Social Media Messages: WII Relationships and Intimacy

Below are 10 ready-to-use social media messages developed to use on Twitter, Facebook, and Plan of the Day/Week messages. Coordinate with your local POC for social media to use these in your communications channels. Generally, this will be through the Public Affairs Office.

Recommended Use:

- Select one message from the list below to send out each day during the focus week (for more information, refer to the [Promotional Kit Instructions](#)).
- The same messages can be posted on all three communications channels.
- Copy and paste the message to post on Facebook, Twitter, or Plan of the Day/Week or send to your social media POC for posting.

Note: Links to recommended pictures are also provided. However you may post without the picture, if you desire.

Twitter, Facebook, and Plan of the Day/Week Messages:

1. Make the most of your doctor visit; bring a list of your relationships and intimacy concerns. <<http://go.usa.gov/ynPJ>> #relationshipwarrior
2. Two heads are better than one; a friend can help you remember your questions, and help you understand the doctor's answers. <<http://go.usa.gov/ynPJ>>
3. Don't go rogue, go Sherlock; investigate your personal and family health histories to provide them to your doctor. <<http://go.usa.gov/ynPJ>>
4. Make sure you get it before you get out; ask questions until you feel confident you understand what your doctor is saying. <<http://go.usa.gov/ynPJ>>
5. Lack of sleep may affect sexual desire. Other factors may include medication, drugs and alcohol, diet, and activity level. <<http://go.usa.gov/ynPJ>>
6. Dare to share, show your partner you care; voicing your intimacy concerns takes courage, but builds trust. <<http://go.usa.gov/yQsh>>



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7. To talk to your partner about your intimacy concerns, write them down, address one at a time, and keep them simple. <<http://go.usa.gov/yQsh>>
8. Commit to communicate. Schedule a time with your partner to discuss your intimacy concerns. <<http://go.usa.gov/yQsh>> #relationshipwarrior
9. #DYK: Decreased sexual function may stem from self and body image concerns related to sustained injuries. <<http://go.usa.gov/yQFm>>
10. #DYK: Intimate partners benefit from non-sexual touch; it conveys strengthened bonds and a sense of well-being. <<http://go.usa.gov/yQFm>>