



New Commercial Driver Medical Examiner Requirements

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Healthcare practitioners who perform medical qualification examinations for drivers must be skilled to do so and educated on the most up-to-date occupational matters for drivers. To enhance the medical oversight of Commercial Motor Vehicle (CMV) driver's examinations, the Federal Motor Carrier Safety Administration (FMCSA) established the National Registry of Certified Medical Examiners (NRCME). This technical guidance summarizes how the new NRCME rules will affect Navy Medicine healthcare practitioners.

What are the new rules?

Healthcare practitioners who perform CMV examinations must now be certified and registered with the NRCME. To become a certified medical examiner, one must complete an approved course of training and pass the FMCSA test.

Title 49 CFR says that the military is exempt from certain rules concerning CMV, so why does this apply to me?

While the FMCSA has provided an exemption to the military, the Department of Defense (DoD) has directed the Military Departments to meet the minimum standards found in 49 CFR. BUMED legal counsel has reviewed and confirmed that Navy Medicine healthcare practitioners must abide by this regulation.

Do all healthcare practitioners who perform CMV driver examinations have to complete a training course and take the FMCSA test?

No. Only those who perform examinations for Department of the Navy (DoN) civilians must become a NRCME certified medical examiner. Healthcare practitioners who *only* examine military members are not required to meet the new NRCME requirements. Healthcare practitioners who only examine military members must still be knowledgeable of the 49 CFR physical qualification requirements and are

encouraged to participate in an approved training course.

Is there a BUMED Instruction pertaining to this issue?

Yes, [BUMEDINST 1500.30](#), Training and Certification Requirements for Healthcare Practitioners Performing Commercial Driver Examinations, provides more details, including procedures for providers who practice in a state different from the state or territory that issued their medical license.

Who could I contact for more information?

First, work through your chain of command. Your next stop should be your regional Occupational Health program manager. For technical advice and guidance concerning physical qualification standards and medical examination procedures, providers should contact Occupational and Environmental Medicine (OEM) at the Navy and Marine Corps Public Health Center (NMCPHC) occmcd@nmcphc.med.navy.mil.

Additional Resources Available (including links for training and testing locations)

- FMCSA NRCME Home Page
<https://nationalregistry.fmcsa.dot.gov/NRPublicUI/home.seam>
- FMCSA Medical Examiner Handbook
<http://nrcme.fmcsa.dot.gov/mehandbook/MEhandbook.aspx>

