



Department of Defense

# DIRECTIVE

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ASD(HA)

SUBJECT: Health Promotion and Disease/Injury Prevention

References: (a) DoD Directive 1010.10, "Health Promotion," March 11, 1986 (hereby canceled)

(b) Healthy People 2010, U. S. Department of Health and Human Services, January 2000

(c) Section 192 of title 10, United States Code

## 1. REISSUANCE AND PURPOSE

This Directive:

1.1. Reissues reference (a) to update policy and responsibilities for health promotion, disease and injury prevention, and population health within the Department of Defense (DoD).

1.2. Establishes the DoD requirement to implement health promotion, disease and injury prevention programs, and population health to improve and sustain military readiness and the health, fitness, and quality of life of military personnel, DoD personnel, and other beneficiaries.

1.3. Acknowledges individual health status is greatly dependent upon family and community health and community health is intensely affected by the collective behaviors, attitudes, knowledge, and beliefs of community members.

1.4. Supports the achievement and sustainment of a constantly fit and ready force; and healthy populations, at home and abroad, in peacetime and in conflict.

## 2. APPLICABILITY

This Directive applies to the Office of the Secretary of Defense (OSD), the Military Departments, the Joint Chiefs of Staff, the Combatant Commands, the Office of the Inspector General of the Department of Defense, the Defense Agencies, and the DoD Field Activities (hereafter referred to collectively as "the DoD Components").

## 3. POLICY

It is DoD policy:

3.1. To support the achievement of the Department of Health and Human Services' Healthy People Goals and Objectives throughout the Department of Defense.

3.2. To place emphasis on Healthy People Leading Health Indicators:

3.2.1. Physical Activity

3.2.2. Overweight and Obesity

3.2.3. Tobacco Use

3.2.4. Substance Abuse

3.2.5. Responsible Sexual Behavior

3.2.6. Mental Health

3.2.7. Injury and Violence

3.2.8. Environmental Quality

3.2.9. Immunization

3.2.10. Access to Health Care

3.3. To enhance mission readiness, unit performance, and the health and fitness of military personnel, beneficiaries, and civilian employees through the creation of a culture within the Department of Defense that values health and fitness and empowers individuals and organizations to actualize those values and achieve optimal health.

3.4. To provide effective, integrated, and comprehensive health promotion programs, disease and injury prevention programs, and population health programs throughout the Department of Defense.

3.5. To provide healthy environments for DoD personnel and visitors.

#### 4. RESPONSIBILITIES

4.1. The Under Secretary of Defense for Personnel and Readiness, shall:

4.1.1. Provide strategic direction for health promotion, disease and injury prevention, and population health goals and objectives in the Department of Defense.

4.1.2. Provide strategic direction to the DoD Prevention, Safety, and Health Promotion Council.

4.1.3. Organize and facilitate the Defense Safety Oversight Board to provide top leadership and direction.

4.1.4. Ensure the Assistant Secretary of Defense for Health Affairs, under the Under Secretary of Defense for Personnel and Readiness shall:

4.1.4.1. Coordinate the prioritization of the achievement of Healthy People goals and objectives as they relate to the Military Health System.

4.1.4.2. Coordinate and monitor the DoD health promotion programs, disease and injury prevention programs, and population health programs under this Directive, executing this responsibility in cooperation with the Military Departments and the Deputy Under Secretary of Defense for Installations and Environment.

4.1.4.3. In coordination with the Surgeons General of the Military Departments and the Medical Officer of the Marine Corps, recommend accomplishments beyond those stated in Healthy People goals and objectives.

4.1.4.4. Facilitate the coordination of health promotion, disease and injury prevention, and population health programs across the DoD Components and TRICARE managed care system.

4.1.4.5. Utilize the health assessment and health status information management system for TRICARE Prime enrollees and other DoD beneficiary groups, to acquire and manage health information in a manner that:

4.1.4.5.1. Is useful to the Department of Defense, the MHS, and the readiness requirements of the Armed Forces.

4.1.4.5.2. Provides comparability with current national health statistics.

4.1.5. Ensure the Assistant Secretary of Defense (Reserve Affairs), shall coordinate and monitor relevant aspects of DoD health promotion, disease and injury prevention, and population health programs pertaining to National Guard and Reserve Personnel.

4.2. The Principal Deputy Under Secretary of Defense for Personnel and Readiness, shall coordinate the prioritization of the achievement of Healthy People goals and objectives as they relate to:

4.2.1. Military personnel policy

4.2.2. Personnel Support, Families and Education

4.2.3. Resale Activities

4.2.4. Civilian Personnel Policy

4.3. The Under Secretary of Defense for Acquisition, Technology and Logistics shall coordinate the prioritization of the achievement of Healthy People goals and objectives as they relate to:

4.3.1. DoD acquisition and technology

4.3.2. Procurement

4.3.3. Research and engineering

4.3.4. Environmental security.

4.4. The Secretaries of the Military Departments shall:

4.4.1. Implement and evaluate comprehensive and integrated health promotion, disease and injury prevention, and population health programs.


4.4.2. Seek opportunities to coordinate among and within all Military Departments to eliminate duplication of effort in the achievement of Healthy People goals and objectives.

4.5. The Directors of Defense Agencies and DoD Field Activities under the signature officials designated to provide overall supervision pursuant to 10 U.S.C. 192 (reference (c)), shall develop and implement health promotion, disease and injury

prevention, and population health plans and programs for their civilian and military employees in accordance with this Directive.

5. EFFECTIVE DATE

This Directive is effective immediately.



**Paul Wolfowitz**  
Deputy Secretary of Defense