

# HIV happens...

don't let it happen to you.



**NAVY AND MARINE CORPS PUBLIC HEALTH CENTER**  
PREVENTION AND PROTECTION START HERE

November 2018

Each year, over 40,000 Americans get HIV,  
including about 70-100 sailors and marines.

Abstinence and mutual monogamy can eliminate your risk.

Condoms - worn every time - can greatly reduce your risk.

HIV PrEP - one pill once a day - can greatly reduce your risk.

**Protect yourself.**

