



FACTSHEET – NMCPHC Health Interest Questionnaire (HIQ)

(28 March 2019)

The Health Interest Questionnaire (HIQ) available on the Navy and Marine Corps Public Health Center (NMCPHC) website is a tool that can assist Navy and Marine Corps commands in assessing the health interests of the staff/crew, which is an important and essential part of conducting their Command Health Promotion Assessment.

The HIQ tells you what they want, when and where, regarding health and wellness products and activities and, using this information, the command health and wellness program can increase the likelihood that the staff/crew will actually participate.

The HIQ is free, brief, anonymous and voluntary.

Invite your staff to complete the web-based version here:

<https://surveys.max.gov/index.php/823449>

When you want a report for your UIC, request the report from NMCPHC via email:

usn.hampton-roads.navmcpubhlthcenpors.list.nmcpHC-hra@mail.mil

or...

Access the paper-based sample HIQ here:

[http://www.med.navy.mil/sites/nmcpHC/Documents/health-promotion-wellness/general-tools-and-programs/Health Interest Questionnaire form.pdf](http://www.med.navy.mil/sites/nmcpHC/Documents/health-promotion-wellness/general-tools-and-programs/Health%20Interest%20Questionnaire%20form.pdf)