

Subject: SCREEN FEMALE SAILORS FOR CONTRACEPTIVE NEEDS PRIOR TO OPERATIONAL DUTY
Originator: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=NAVY/OU=ORGANIZATIONS(UC)/L=VIRGINIA/L=FALLS CHURCH/OU=BUMED FALLS CHURCH VA(UC)

DTG: 041818Z Dec 12

Precedence: PRIORITY

DAC: General

To: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=AUTODIN PLAS/OU=AIG 6-AZ/OU=AIG 7783

cc: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=AUTODIN PLAS/OU=B/OU=BUMED FALLS CHURCH VA

/C=US/O=U.S. GOVERNMENT/OU=DOD/OU=USMC/OU=ORGANIZATIONS/L=HQMC WASHINGTON DC/OU=CMC WASHINGTON DC(UC)

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PASS TO ALL AFLOAT AND ASHORE ACTIVITIES, AND UNITS MSGID/MEDICAL COMMANDS GENADMIN/BUMED WASHINGTON DC/M3F/DEC//

SUBJ/SCREEN FEMALE SAILORS FOR CONTRACEPTIVE NEEDS PRIOR TO OPERATIONAL DUTY//

REF/A/DOC/CNO WASHINGTON DC/9SEP2005//

REF/B/DOC//BUMED WASHINGTON DC/24JAN2012//

NARR/REF A, SECNAVINST 1000.10A, AND REF B, NAVMED P-117, PERTAIN TO PREGNANCY AND WOMEN'S HEALTH.//

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RMKS/1. ACTIVE DUTY AND RESERVE FEMALE SAILORS SHOULD BE OFFERED CONTRACEPTION SERVICES IMMEDIATELY UPON RECEIPT OF ORDERS TO OPERATIONAL DUTY DURING HER SEA DUTY MEDICAL SCREENING TO ENSURE SHE IS GIVEN HER PREFERRED METHOD OF CONTRACEPTION. SHIP BOARD MEDICAL DEPARTMENTS SHOULD SCREEN FEMALE SAILORS ON THEIR ARRIVAL TO ENSURE THIS HAS BEEN DONE. SHORE BASED MEDICAL ACTIVITIES WILL GIVE HIGH PRIORITY TO ACTIVE DUTY AND RESERVE SAILORS ASSIGNED TO OPERATIONAL DUTY.

2. LONG ACTING REVERSIBLE CONTRACEPTION METHODS (INTRAUTERINE DEVICE, LEVONORGESTREL INTRAUTERINE SYSTEM OR HORMONAL IMPLANT) HAVE THE HIGHEST RATES OF PROTECTION OF REVERSIBLE CONTRACEPTIVE METHODS. THESE METHODS ARE VERY SAFE AND RELIABLE, AND SHOULD BE DISCUSSED WITH EACH WOMAN DESIRING CONTRACEPTION.

3. SHOULD THE FEMALE SAILOR OPT FOR THESE LONG ACTIVE REVERSIBLE CONTRACEPTION DEVICES, THEY SHOULD BE INSERTED BY SHORE MEDICAL ACTIVITIES WEEKS PRIOR TO DEPLOYMENT. INFORMATION FOR MEDICAL PROVIDERS ABOUT LONG ACTING REVERSIBLE CONTRACEPTION IS AVAILABLE FROM NMCPHC AT: [HTTP://WWW.NMCPHC.MED.NAVY.MIL/HEALTHY_LIVING/SEXUAL_HEALTH/SHARP_LARC_CLINICIANS.ASPX](http://www.nmcpHC.med.navy.mil/healthy_living/sexual_health/sharp_larc_clinicians.aspx).**

4. FOR ADDITIONAL INFORMATION CONTACT MR. BOB MACDONALD AT MICHAEL.R.MACDONALD@MED.NAVY.MIL //

** NMCPHC NOTE – 5 DEC 2012: NEW LARC WEBSITE IS:

<http://www.med.navy.mil/sites/nmcpHC/health-promotion/reproductive-sexual-health/Pages/larc.aspx>