



Naval Contraceptive Clinics

Location	Operating Hours
NMC Portsmouth	Thursdays (1300-1500)
NMC Camp Lejeune	Tuesdays (0800-1100 and 1300-1500)
Navy Medicine Readiness and Training Command (NMRTC) Jacksonville	Fridays (closed for lunch from 1200-1300)
NRMTC Bremerton	Wednesdays (0800-1100 and 1300-1500)
NRMTC Camp Pendleton	Tuesdays and Fridays (0830-1130 and 1300-1530)
NMRTC Pensacola	Monday – Friday (0800-1600)
NMRTC Twentynine Palms	Mondays (1300-1530)
NMRTC San Diego	Mondays and Thursdays
US Naval Hospital (USNH) Sigonella	Thursdays (0800-1130)
USNH Yokosuka	Tuesdays (1300-1500)
USNH Okinawa	Tuesday (0745-1200 and 1300-1500)
USNH Guam	Monday-Friday (1300-1530)
USNH Rota	Wednesdays (1230-1530)
USNH Naples	Mondays, Wednesdays and Thursdays (1400-1530)
Naval Base San Diego – 32 nd Street	Thursday evening (walk-in)
NMRTC Beaufort	Wednesdays (0800-1100)
Naval Health Clinic (NHC) Oak Harbor	Wednesdays (1300-1530)
NHC Lemoore	Thursdays (0730-1100)
NHC Quantico	Wednesday (0730-1530); Limited services available after 1200 on Fridays
NHC Patuxent River	Wednesdays 1300-1400; Starting March Fridays 0800-1000
NHC New England	Thursdays (1400-1500)
NHC Hawaii	Monday afternoons
NHC Corpus Christi	Thursdays (1300-1600)
NHC Charleston	Thursdays (0800-1100)
NHC Annapolis	Thursdays (0800-1130)
Norfolk Branch Health Clinic	Tuesdays and Wednesdays (0700 -1030 and 1230-1430)

Last updated March 2023



Joint Base and National Capital Region Contraceptive Clinics Serving Sailors and Marines

Location	Operating Hours
Joint Base Pearl Harbor-Hickam	Mondays (0800-1100)
Fort Belvoir Community Hospital	Tuesdays (0800-1200) and Fridays (0800-1330)
Walter Reed National Military Medical Center	Wednesdays (0730-1100)

Last updated March 2023