

Handout For Aircrew Who Have COVID-19



Your Flight Plan **Back To The** Cockpit



US Navy and Marine Corps personnel in a special duty flight status work in an occupational environment that requires optimal respiratory function and maximum physiological margin to safely operate their aircraft. Asymptomatic disease course only requires flight surgeon visit.

Like any infection, symptomatic COVID-19 places aircrew in a down flight status until they are recovered and see their Flight Surgeon for an **Up-chit evaluation**

When Have You Recovered?

You are feeling back to normal and have significant symptom improvement

It has been greater than 14 days (21 days if hospitalized) since fever or symptoms began and 24 hours since fever resolved without using medication



Complete Evaluation Includes:

EKG to check for heart inflammation



Exercise Tolerance Test to check for physical endurance

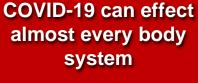
Pulmonary Function Tests to check for lung inflammation and scarring (not always required)

physical capability after COVID-19 can be immediate or take weeks of gradual rehabilitation

The diagnosis of COVID-19 is Not Considered Disqualifying (NCD) and a waiver is not required

Aircrew with persistent symptoms or who were hospitalized require **NAMI** review





Complete return of full

