

**MICHAEL J. ARNOLD, MD, MHPE, FAAFP**  
**CAPTAIN, MEDICAL CORPS, US NAVY**



CAPT Arnold grew up in Massachusetts and attended Cornell University (BS, 1992) through Navy ROTC. After completing Nuclear Submarine Officer training, he served on USS L. MENDEL RIVERS (SSN 686), earning Submarine Dolphins and Nuclear Engineer certifications while completing two deployments and several missions of national importance. He transitioned to the Nuclear Propulsion Training Unit, a converted submarine reactor plant for nuclear enlisted and officer training. As a Shift Engineer, he led reactor training, operation and maintenance and planned, simulated and directed maintenance in high radiation fields.

He shifted to Navy Reserve while serving as a Systems Design Engineer for Ford Motor Company before returning to active duty and obtaining a Doctor of Medicine from the Uniformed Services University in 2006. He completed a Family Medicine internship then Undersea Medicine Officer training and was Honor Graduate for both Dive Medicine and Undersea Medicine.

Serving as Squadron Medical Officer for Submarine Squadron Fifteen in Guam, he earned Submarine Medical Officer and Surface Medical Department Officer qualifications. He supported homeported and deploying submarines, special warfare Dry Deck Shelter operations and hyperbaric treatments of dive casualties. In 2012, he completed his Family Medicine Residency, serving as Chief Resident.

After residency, he served at US Naval Hospital Naples, Italy, where he was a member of the Executive Committee of the Medical Staff, Chair of the Chronic Pain Committee and Branch Clinic Primary Care Department Head. Practicing in the Emergency Department, he served as Assistant Department Head.

CAPT Arnold returned to Naval Hospital Jacksonville as faculty from 2015 to 2018, and led the Navy's largest Family Medicine clinic, coordinating over 100 staff to care for 24,000 patients. He completed a humanitarian deployment, providing medical care and foreign medical resident training. He participated in the Navy Comprehensive Pain Management Program, developing practical opioid and patient monitoring procedures and completed 12 training site visits for over 700 primary care providers.

From 2018 to 2023, he served as Uniformed Services University faculty. In addition to supporting the Admissions Committee and Institutional Review Board, he directed the Faculty Development Program, an immersive teaching experience for military Family Medicine residents. As Multi-Systems Module Director, he managed the final didactic module prior to clinical clerkships. He completed a Masters in Health Professions Education and a Fellowship in Medical Editing. He is an Associate Master Clinician at Walter Reed National Military Medical Center and serves as Navy Family Medicine Specialty Leader.

Since July 2023, CAPT Arnold has served as Officer in Charge of the Naval Undersea Medical Institute.

CAPT Arnold is board certified in Family Medicine, has over 80 publications and presentations, and has won numerous educational awards. He holds academic appointments as Associate Professor in the College of Allied Health and School of Medicine Departments of Family Medicine and Military and Emergency Medicine. He is an Assistant Editor for *American Family Physician* and a Fellow of the American Academy of Family Physicians. His military decorations include the Joint Meritorious Service Medal, four Navy and Marine Corps Commendation Medals, two Joint Service Achievement Medals and three Navy and Marine Corps Achievement Medals.