BUMED INSTRUCTION 1500.35 CHANGE TRANSMITTAL 1

From: Chief, Bureau of Medicine and Surgery

Subj: HIGH-RISK TRAINING POLICY

Encl: (1) Revised page 1
     (2) Revised page 3

1. Purpose. To correct administrative errors and ensure alignment with Bureau of Medicine and Surgery guidance pertaining to the Naval Aviation Survival Training program.

2. Action
   a. Remove page 1 of the basic instruction and replace with enclosure (1).
   b. Remove page 3 of the basic instruction and replace with enclosure (2).
   c. Remove enclosure (2) of the basic instruction.

3. Records Management
   a. Records created as a result of this instruction, regardless of format or media, must be maintained and dispositioned for the standard subject identification codes (SSIC) 1000, 2000, and 4000 through 13000 series per the records disposition schedules located on the Department of the Navy/Assistant for Administration (DON/AA), Directives and Records Management Division (DRMD) portal page at https://portal.secnav.navy.mil/orgs/DUSNM/DONAA/DRM/Records-and-Information-Management/Approved%20Record%20Schedules/Forms/AllItems.aspx. For SSIC 3000 series dispositions, please refer to part III, chapter 3, of Secretary of the Navy Manual 5210.1 of January 2012.
b. For questions concerning the management of records related to this instruction or the records disposition schedules, please contact your local records manager or the DON/AA DRMD program office.

\[Signature\]
TERRY J. MOULTON
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Releaseability and distribution:
This change transmittal is cleared for public release and is available electronically only via the Navy Medicine Web site, [http://www.med.navy.mil/directives/Pages/BUMEDInstructions.aspx](http://www.med.navy.mil/directives/Pages/BUMEDInstructions.aspx).
BUMED INSTRUCTION 1500.35

From: Chief, Bureau of Medicine and Surgery

Subj: HIGH-RISK TRAINING POLICY

Ref: (a) OPNAVINST 1500.75D
    (b) OPNAVINST 3500.39D
    (c) OPNAVINST 6110.1J
    (d) BUMEDINST 5100.13F
    (e) OPNAVINST 5100.23G
    (f) OPNAVINST 5100.19E
    (g) OPNAVINST 5102.1D

Encl: (1) Nutritional Supplement and Over-the-Counter Medication Screening Guidance

1. **Purpose.** To provide policy and governance for Navy Medicine high-risk training by adopting and supplementing the policy requirements of reference (a): to incorporate references (b) through (g) and the Catalog of Navy Training Courses (CANTRAC), as appropriate, in establishing Navy Medicine mission-essential training objectives; to provide amplifying policy; to assign responsibilities; and to publish a procedural directive for training safety in high-risk training assignments. The enclosures in reference (a) are adopted for use in the implementation of this instruction. This is a new instruction and must be read in its entirety in conjunction with reference (a).

2. **Background.** High-risk training is operationally defined as training activities, courses, and evolutions that expose students, instructors, and support staff to a heightened level of risk that may result in death, serious bodily injury, or loss of asset should a mishap occur. Navy Medicine conducts high-risk training (i.e., aviation physiology training and survival swimming). As such, risk mitigation is critical to safely and effectively achieve desired training outcomes. Thorough course planning incorporating operational risk management (ORM) per reference (b), precise training execution, and meticulous course oversight provide the greatest opportunity for instructors and students to safely and effectively complete Navy Medicine high-risk training.

3. **Scope and Applicability.** This instruction applies to all Navy Medicine commands responsible for management, administration, execution, and oversight of high-risk training.
5. Responsibilities

a. Deputy Chief, Total Force. Must direct Navy Medicine’s education and training strategy, policy, resourcing, and oversight.

b. Assistant Deputy Chief, Education and Training (BUMED-M7) must:

(1) Prepare and maintain amplifying policy and procedural directives for Navy Medicine high-risk training safety implementation including, but not limited to, responsibilities for:

   (a) Commands sending students to high-risk training.

   (b) Commands transferring personnel to high-risk training instructor duty.

   (c) Gaining commands receiving personnel for high-risk training instructor duty.

   (d) Commanding officers and officers in charge of high-risk training activities, instructors, training safety officers, and high-risk training safety officers.

(2) Provide, upon request, an updated list of all Navy Medicine high-risk training courses to Commander, Navy Safety Center.

c. Assistant Deputy Chief, Healthcare Operations (BUMED-M3) must:

(1) As needed, update guidance outline in enclosure (1) on usage of over-the-counter medications and nutritional supplements by students or instructor participants during high-risk training.

(2) Annually review OPNAV 1500/53 Medical Questionnaire, for relevance and forward amendment recommendations to Navy Safety Center or forward an endorsement triennially.

d. Assistant Deputy Chief, Fleet Support and Logistics (BUMED-M4) must:

(1) Produce and maintain amplifying policy and procedural directives for Navy Medicine’s Safety and Occupational Health Programs.

(2) Via Navy Medicine East, Navy Medicine West, and Navy Medicine Education, Training and Logistics Command, ensure all training-related mishaps and near misses are reported per references (d) and (g) requirements using the Naval Safety Center’s Web-Enabled Safety System and Enterprise Safety Applications Management System.

(3) Perform triennial Safety and Occupational Health Management Evaluation of Navy Medicine echelon 3 commands.

(4) Provide consulting services for ORM.