Herbal Smoking Blends: Spice *etc.* Defined

- Mixtures of medicinal herbs sold as incense
- Smoked for marijuana-like effects (physical & mental)
- “High” can reportedly last up to 12 hours
- Effects include impairment of coordination & memory
- Many different ‘brands’ of these blends are marketed
  - Spice, Spice Gold, Dream, Genie, Spike, Chronic *etc.*
  - Different ‘brands’ shown to contain different types of synthetic cannabinoids (marijuana-like compounds)
  - Due to nature and number of these compounds, not currently included in the DoD drug testing panel
Herbal Smoking Blends: What Can Be Done

• Armed Forces Medical Examiner System (AFMES) accepting urine and seized materials for research purposes only

• The “moving” target – underground chemists can & will continue to design new synthetics to:
  - Optimize mental & physical effects
  - Improve market by advertising lack of detectability

• OPNAVINST 5350.4D / SECNAVINST 5300.28D:
  - Prohibits use of controlled substance analogues, such as designer drugs, and includes consumption of substances for other than their intended use (intoxication / stupefaction) administrative actions
  - Violators subject to UCMJ Article 92 and adverse