When should I come to the hospital??

Urgent/Emergent Concerns
- Vaginal bleeding like a period
- Severe abdominal pain
- Severe, prolonged headache
- Visual changes – blurred vision, “floaters,” or spots in front of your eyes
- Fever greater than 101 degrees F
- Decreased fetal movement
- Signs of preterm labor (less than 37 weeks)
  - Gush of fluid or constant trickle
  - More than six contractions in one hour
  - Menstrual-like cramps in lower abdomen or back

Signs of Active Labor (greater than 37 weeks)
- Gush of fluid or constant trickle
- Strong, regular, painful contractions less than 5 minutes apart for at least 2 hours

Please never hesitate to call your clinic during regular working hours if you have any questions.
OB/GYN Clinic – 081-811-6404/DSN 629-6404
FP Clinic – 081-811-6271/DSN 629-6271

After hours:
MSW/Labor&Delivery – 081-811-6471/DSN 629-6471
Emergency Dept – 081-811-6164/DSN 629-6164