PLEASE BRING THE FOLLOWING ITEMS WITH YOU:

- Any medications (Prenatal Vitamins, etc.)
- Loose change for vending machines
- Credit card - The Galley accepts credit cards only for meals. Do not bring large amounts of money or valuables with you.
- Snacks, drinks, etc.
- Books, games, etc. Please bring a book light if you have one!
- Your hospital bag and/or “Goodie Bag” for labor.
- Toiletries, towel, change of clothes, small light.
- Pillow and sleeping bag or blankets.
- Radio, iTunes etc.—be sure to bring headphones!

USNH OB
2016
Typhoon Policy

USNH OB/GYN
Telephone Number
646-7267

Hours of Operation
0730-1630

USNH Front Desk
Phone Number
646-7555
Tropical Cyclone Condition 1 – Caution

- Routine admission to the U.S. Naval Hospital at Camp Foster and all outpatient visits to the hospital and all Navy Branch Clinics are suspended until the return to Tropical Cyclone Condition Storm Watch (TC-SW). Emergency care is available at the U.S. Naval Hospital. OB/GYN clinic appointments canceled because of the typhoon will be re-scheduled by clinic staff based on medical priority after the storm has passed and TC-SW has been announced.

If you are within 3 weeks of your due date when Tropical Cyclone Condition 1-Caution (TC-1C) is announced, we strongly urge you to come to the Naval Hospital and report to the Information Desk at the Main Hospital Entrance. Please be aware you may be urged to come in to the hospital by your provider if your medical conditions warrant, even if you are not within 3 weeks of your due date.

Please DO NOT come to the hospital before Tropical Cyclone Condition 1-Caution (TC-1C) is announced.

When you check in at the Information Desk, you will be given information on where OB berthing facilities are located. You will not be admitted into the hospital.

PLEASE CONSIDER THE FOLLOWING WHEN MAKING YOUR PLANS:

- OB berthing is provided for your safety – but it may be crowded and uncomfortable. As many as 50 pregnant women may be seeking storm shelter at the Naval Hospital.
- OB berthing will be on cots in classroom settings. There are no TVs in these rooms. However, TVs are available in other hospital spaces.
- Privacy may be a large concern. Limited bathroom facilities will be nearby. Shower facilities may not be readily available.
- Due to space restrictions, you may bring only ONE adult with you (no children or pets please). If you bring children, your spouse or the adult who comes with you will care for your children in the event you go into labor, childcare will not be provided.
- The Dining Room will be available for you to purchase meals; 3.45 for breakfast and 5.55 for lunch and 4.85 for dinner. The Shoppette will be closed. Vending machines will not be re-stocked.
- A courtesy phone is available at the Quarter Deck, near the main entrance of the hospital.
- Our hospital has a small Chapel located on the first floor near the Red Cross Office, past Subway. Services are held as conditions permit during the typhoon. Please consult the Chaplain for more information.