Substance Abuse Rehabilitation Program
Naval Medical Center Portsmouth
Patient Rules & Standards of Conduct

Patients are accountable for their behavior and actions at all times while in treatment. Violations of these rules and standards of conduct will be reported to commands. Civilian patients entering this Navy sponsored treatment facility have accepted the responsibility of abiding by all the rules and regulations of the treatment facility and civil law. In addition to therapeutic actions, infractions may result in command involvement. Furthermore, the more serious infractions may result in immediate termination of treatment. Parent commands can then recommend administrative separation or involvement of legal authority for violations of rules and standards.

The following are serious infractions that will result in immediate removal from the program:

1. Consuming, or being in possession of alcohol, illicit drugs, propellant cans, over-the-counter cough medicines (unless authorized by medical), herbal drugs (spice) or drug paraphernalia while in treatment.

2. Abuse of your prescribed medication, expired prescribed medications or using another patient’s prescribed medications.

3. Physical violence, threats of violence, or physical or verbal intimidation.

4. Sexual activity with another patient or staff member (including while on liberty).

5. Engaging in a romantic or dating relationship with a fellow patient or staff member during treatment.

6. Sexual, physical or verbal harassment of another person.

7. Use of any tobacco products and vapor devices within any federal building.

8. Violating any form of confidentiality.


10. Unauthorized Absence (UA) from ANY assigned treatment activity.

11. Being in ANY unauthorized or prohibited locations.

12. Willful destruction of any SARP property.

13. Leaving SARP clinic without permission. This also applies to the person(s) who assisted or witnessed the patient leaving, returning, or both.

Violation of patient rules may result in therapeutic actions:

1. Issuance of a verbal warning for minor infractions such as late to muster.

2. Individual Counseling or Special Staff Intervention (SSI) for repeated minor infractions, disruptive behaviors, negative attitude. Such interventions may result in a loss of privileges and facility restriction for at least 24 hours (red-dotting). If not corrected, repeat offenses can lead to a Patient Review Board (PRB).

   a. Individual Counseling. Individual Counseling is the first step taken towards behavioral correction when verbal warnings are not proven to be sufficient. The offending patient’s counselor will speak with the patient one-on-one in an attempt to uncover the underlying issue for rule violations and continue treatment as prescribed.

   b. SSI. SSIs are intended to further remove treatment barriers by utilizing the expertise of a certified counselor that is not directly linked to the offending patient’s group. This is to provide an additional perspective and continue treatment as prescribed.

   c. Red Dot Status. Red Dot Status may include hourly muster in the Uniform of the Day from Reveille to 1800. Counselors will thoroughly review Red Dot Procedures with patients whenever necessary.

   d. PRB. PRBs are comprised of an interdisciplinary team with extended invitations to command representatives. The team is assembled for fact finding, barrier discovery and removal, to determine intentions of the patient, and to determine how to best proceed with the treatment process.
Monitoring of Building 104
Passageways in building 104 are monitored by closed-circuit camera and videotaped 24 hours a day. Tapes are surrendered to security for any investigative reasons. Patients are reminded to be clothed and/or properly covered. Patients are prohibited from using towels as wrappings while transiting to and from the heads.

Violence
Violence, threats of violence, harassment, any physical contact of a hostile nature, or any intimidating behavior, regardless of intent or to whom directed, are strictly prohibited. Violations of this policy warrant immediate removal from the facility, termination from treatment and recommended UCMJ charges as indicated.

Horseplay
Although not intended to result in harm, horseplay can escalate quickly and therefore is not allowed. Physical contact between patients/staff members may be cause for immediate discharge.

Treatment Buddies
Patients will have a treatment buddy when leaving the building. However, for morning PT at the gym or pool and morning meals patients may leave the building unaccompanied if a treatment buddy is not available. Any PT at the track requires a buddy at all times. Patients must have a treatment buddy for lunch and dinner meals.

For all other activities, including liberty time, patients must be accompanied by a treatment buddy, staff member, or member of their command. With the exception of lunch, patients are to sign out in the patient log and indicate the name of the person(s) they are with for accountability purposes. If, while on liberty or an outing, liberty buddies become separated, patients are required to return immediately to the facility and report directly to their Treatment Team M-F between 0730-1600 and DDO all other hours for further guidance.

Musters & Accountability
Muster schedule is as follows:
1. Monday through Friday, with the exception of noted holidays, all morning musters (weeks 1-5) shall be conducted in the appropriate civilian attire for the treatment day (NOT sleep wear or PT clothing) at 0745 in room 315 (Big Room) on the 3rd deck.
2. PT muster shall be conducted at 1400 and at 1600 in room 315 (Big Room).
3. Evening musters are in appropriate civilian attire according to the daily schedule and are conducted at 1800 and 2130 in the auditorium on the 1st deck.
4. Weekend musters will be conducted in appropriate civilian attire, not to include pajamas. Saturday musters occur at 0745, 1400, 1800, and 2130. On Sunday musters occur at 0900, 1400, 1800, and 2130.

As necessary, the mustering areas may be redesignated by the DDO. Patients are required to be on time for all musters and scheduled activities. Tardiness and absenteeism shall be considered violations of the treatment protocol. DDO is responsible for unlocking and locking auditorium before and after all musters.

All patients will sign in and out for accountability purposes, and at the DDO’s discretion, patients may be breathalyzed. Patients leaving SARP grounds during treatment hours for official or personal business will obtain permission via a special request form signed by their primary counselors, and group clinical provider. Parent Command must approve any therapeutic pass. Patients leaving the facility/treatment without obtaining permission, to include individual(s) that assisted the patient exiting the premises, will be considered unauthorized absent (UA) and potentially discharged to their parent command as non-amenable to treatment.

General Expectations
The following apply:
1. Patients will arrive on time and be prepared to participate in treatment.
2. Patients may not sleep or be disruptive during workshops, films, group sessions, or meetings.
3. Attendance at all workshops, groups, 12 step meetings, recreational activities and physical training is mandatory.
4. Homework assignments will be turned in prior to the morning muster (0745) to the respective primary counselors; group room. Unless otherwise directed by assigned treatment team.
5. During group and workshops, all members will remain seated in the group until dismissed by the counselors or presenters. Restrooms should be used prior to the start of group.

In the event of illness or other unforeseen events that may make a patient late, they are instructed to contact the Department Duty Officer at (757) 953-9981.

Military Bearing
Active Duty personnel will adhere to military grooming standards, regardless of whether in uniform or not, for the entire duration of their stay at SARP. Men need to be clean-shaven with appropriate hair length. Females with longer hair do not need to wear it up when in civilian attire. All lawful orders from staff members and persons of authority will be obeyed promptly, with respect, and
without objection or question. The positional authority of SARP staff is both acknowledged and supported as falling under UCMJ guidelines. Further emphasis is added to these rules to remind patients that any observed behavior categorized as harassment or hazing will be reported to NMCP Legal for initiation of UCMJ charges as appropriate and will likely result in termination from treatment and/or legal action.

Military Protocol
Patients will observe proper military protocol and decorum at all times. Patients may use the first names of counseling staff and other patients within the treatment facility during group therapy, workshops, and therapeutic interviews if acceptable to both individuals. Outside the treatment setting, all personnel will afford all patients and staff respect and courtesy.

Civilian Dress Code/Uniforms
Appropriate business casual attire is defined as: collared shirts and casual slacks for men and blouses and slacks or dresses for women. Jeans are allowed as appropriate business casual attire but must not have holes or significant fading due to wear. All pants/shorts shall not reveal undergarments. Business casual attire is required for all normally scheduled activities during the treatment day, command and personal visits. T-shirts, tank tops, leggings/yoga pants and hoodies are not appropriate business casual attire. Hats/other items considered as headgear are not authorized. V-neck tops may be worn, however, the bottom of the “V” may not exceed 1 inch below the collar bone without a standard collared top underneath (either t-shirt or collared shirt).

Exceptions to the dress code include:
1. Physical Training, where personal workout clothes are approved for all patients.
2. During In-House Meetings, all personnel may wear appropriate casual attire.
3. Off-site activities, including 12-Step Meetings, where all personnel may also wear appropriate casual attire.

The treatment team may request or authorize military uniforms for therapeutic reasons at any time for active duty patients.

Appropriate casual attire for after hours, in-house meetings, and off-site activities may include jeans and non-business casual attire: however, the wearing of jeans with holes or significant fading, uniform component t-shirts (NWU, ACU, ABU, MCCUU), tank tops, jumpsuits, yoga pants/leggings, or halter-tops, are not appropriate attire. T-shirts may be worn, but may not have any provocative or suggestive writing or logos. Additionally, female skirts and dresses must be one inch above the knee or longer in length, and shirts must not be sheer, low cut or show the mid-drift. Shorts are authorized seasonal wear for liberty only and must be mid-thigh length or longer; flip flops or sandals with no heel strap are not authorized as liberty attire. Flip Flops are only authorized when transiting to and from the bathroom in the berthing, same floor area.

Additionally, facility issued name tags must be worn by all levels of patients during the treatment day on the left side of their clothing/uniform while in SARP facilities. They may be removed at 1400 prior to PT. Name tags do not need to be worn outside of SARP facilities. Nametags will be collected by INDOC Staff at time of discharge.

The treatment team reserves the right to request that you change if your attire is deemed inappropriate.

Prohibited Items
In order to provide a safe environment and protect patient privacy, the following list of items (not all inclusive) are prohibited:

- Electronic equipment (cell phones, TVs, MP3 players with internet capability, DVD players, DVD’s or flash drives with movies stored, cameras, laptop computers, chargers, etc.)
- Video Games
- Any weapons or ammunition (guns, knives, etc.)
- Alcohol & products containing alcohol (including mouthwash, cologne & perfumes, etc.)
- Illicit drugs, loose tobacco, and invalid prescriptions
- Medication that is not cleared by medical
- Non-prescription medications unless authorized by medical
- Drug-related paraphernalia
- Clothing depicting drugs or alcohol
- Clothing, accessories, and other materials containing sexually based content. Examples: pornographic magazines/books, tattoo magazines, FHM, Maxim, etc.
- Cough syrup
- Energy drinks containing caffeine with guarana or taurine (Red Bull, Monster, Rock Star, etc.). Consumption and purchase of these drinks is prohibited.
- All aerosol cans (hairspray, deodorant, body spray, air freshener, starch cans, etc.)
- Liquid bleach
- Gambling materials or tarot cards
- Supplements
No electronic devices of any kind are allowed to be used during the treatment day. Nor are Level III patients authorized to purchase any electronic devices while in treatment. Limited use of MP3 players without internet capability is authorized during designated PT time and liberty ONLY.

- Level III patients will not have access to their cell phones and are encouraged to write down any important information stored on their phone they may need during treatment.
- Level II patients are required to leave all electronic devices in their vehicles or with their counselor upon arrival for the treatment day. Cell phones may NOT be stored in assigned locker.
- Use of headphones is not authorized during treatment day, evening workshops, AA/NA meetings, or any other treatment focused event. Volume must remain at a level so the wearer can hear announcements and others cannot hear what is playing.

Medications and Nutritional Supplements
Patients are instructed to turn in all medications, vitamins, and supplements to the SARP Medical Division upon arrival. Prescription drugs, over-the-counter medications, inhalants, and food supplements are not authorized unless approved for use by the SARP Medical Division. Unauthorized medications will be disposed of by medical. Vitamins or over-the-counter substances will be secured in the INDOC office and returned to the patient at discharge.

Patients will be provided a locker to secure all approved medications. Patients are required to provide their own lock. Under no circumstances are patients to share their medications with anyone else or take any medications prescribed to another patient. Doing so shall result in a PRB and possible discharge from treatment.

Alcohol, Drugs & Intoxicants
The use, possession or knowledge of use of alcohol, drugs, propellant cans, over-the-counter cough medicines, abuse of prescription medicine or other intoxicating substance, in any form (non-alcoholic beer has alcohol in it), by any patient at any time or place during treatment will result in an immediate recommendation for termination from treatment as non-amenable.

Patients will be asked to submit to breathalyzer tests and toxicology screening by urinalysis while in treatment. First failure to submit to these tests, arriving late for a urinalysis, or missing a toxicology screen will result in Treatment Team intervention. Second missed will result in PRB and may result in termination from treatment. When identified to provide for urinalysis, the patient MUST provide before 0915, otherwise they WILL BE documented as a FAILURE and not in compliance with treatment policies. Results of toxicology screenings are independently verified before the results are communicated to patients and their commands. Patient’s commands will be notified of any positive breathalyzer or toxicology result. Once confirmed, results are considered accurate and may be grounds for termination from treatment.

Commands are notified of all alcohol or drug use while a patient is in treatment. In cases of illegal drug use, NSA Portsmouth security may also be notified. Violations of this policy may also result in the patient being administratively processed for separation by their command under other than honorable conditions.

Tobacco/Vapes (and tobacco products)
Federal Law prohibits all tobacco use, including smokeless tobacco, in any government building. Those caught doing so shall immediately be discharged from treatment. SARP Policy prohibits the use of any tobacco/vape products while actively involved in substance abuse treatment to include while riding/sitting in vehicles.

1. Patients who are believed to be using tobacco in any form (including vape devices) outside a federal building will be held accountable by their treatment team in the following manner: a. 1st violation: PRB and remediation up to termination; b. 2nd violation: discharged as non-amenable to treatment
2. Nicotine ITPs (Individual Treatment Plan) will be included as part of the treatment plan.
3. Vaporizers commonly called “vapes” will NOT be allowed and the instruments will be confiscated at the beginning of treatment. If a patient is found in possession of a vaporizer, staff will initiate the SARP policy for contraband. Contraband policy also includes all tobacco products.
4. Patients will NOT be authorized tobacco/vape use at offsite 12-Step meetings.
5. The no tobacco/vape policy applies to all levels of treatment including Continuing Care (while on SARP grounds), IMPACT, and Level 1.
6. Nicotine replacement/cessation program will be available in SARP’s Medical Department for those requiring assistance, however patients interested in nicotine replacement should contact their medical provider prior to admission to SARP Portsmouth as the process to acquire these items may take 2-3 days.
Meals
Monday through Friday, except holidays, patients are encouraged to eat a minimum of 3 meals a day at the base galley, NMCP Food Court, or the area known as the River’s Edge. Additionally, nutritional consults are available to patients who are concerned about their nutritional habits via guest nutrition lecturers or a referral to the nutrition department (placed by group medical provider).

Galley Hours:
0600 – 0800: Breakfast
1100 – 1300: Lunch
1630 – 1730: Dinner
Average cost per day - $14.00

Level II - patients may bring their own lunch or may feel free to dine at the NMCP galley or food court.

Berthing Area/Standards
The assigned berthing spaces shall be inspected daily by the Staff Patient Master at Arms and Patient Master at Arms. Unsatisfactory areas will be re-inspected by the primary counselor(s).

Additionally, the following guidelines are provided for the berthing:
- Linens will be issued by and returned to SARP
- Racks must be made daily IAW the posted guidance
- Lockers in berthing spaces will be locked at all times when unattended
- All valuables must be locked up at all times
- All patients are limited to one locker
- All gear will be stowed in lockers with the exception of shoes and laundry detergent, which may be kept on top of lockers
- Lockers and racks will be tagged with patients name and group number
- With staff approval any patient relocating racks will also relocate personal items to the corresponding stand-up locker
- Visitors are not authorized above the first deck.
- Tampering with and/or damaging smoke detectors, fire extinguishers, or windows constitutes a felony offense, and violators will be liable for prosecution
- Food is not permitted above the first deck or in the berthing spaces

Emergency Mustering Locations:
In the event of an emergency, the Emergency Mustering location is on the tennis courts across from the gym. In the case of a bomb threat (Code Black) muster is at the helopad past the gym (track area).

Lights Out/TAPS
Berthing lights shall be extinguished at 2230 every day. However, on Saturday nights, taps will be at 0000. All patients are expected to be in their assigned racks after taps with lights out. Patients are expected to be courteous of other patients who choose to go to bed after last muster. DDOs will tour the assigned spaces to ensure full compliance.

Treatment Assignments
Patients are expected to complete all required assignments in accordance with their individual treatment plan, and to turn in homework assignments daily by 0745 to their group room unless otherwise directed. Failure to do so will result in review of patient progress and participation by the Treatment Team, and may result in Individual Counseling, SSI, PRB or ultimately in recommendation for termination from treatment.

Workshops and Lectures
The following are expected during all Treatment Workshops and Lectures:
- Respect will be shown to the speaker, the content of the workshop, and all patients.
- No harassment, hazing, or threats will be tolerated. Implied or direct.
- Side-bars will not be permitted unless it is a component of the workshop. Keep all four legs of the chair on the floor in order to keep the chair upright.
- Sleeping is not authorized. At no time will a patient sleep during lectures or workshops. If you are tired, please stand in the back of the room.
- No food during lectures. Water and Coffee are permitted in the appropriate container with a lid/cap.
- Inappropriate language and behavior will not be tolerated.
- Horseplay is not authorized.
- All trash will be properly disposed of prior departing workshop.

Violations of these guidelines may result in, at a minimum, verbal warning or individual counseling.

12 Step Meetings, Sponsors, and Contacts
Attendance at assigned 12 Step Meetings is considered critical to a successful treatment and recovery program. Additionally, identifying a sponsor to work through issues and concerns is also considered a part of an effective recovery plan, and so it is mandatory to have a sponsor or temporary sponsor identified by Monday of week 3. Sponsor requirements: minimum of 2 years of sobriety, same identified gender as patient,
and actively working the AA/NA 12 Step program. Two new AA/NA contacts are expected in week one and Three new AA/NA contacts are expected weekly for weeks two-four at the assigned treatment teams discretion. Patients are required to make phone calls or write emails to 12-step contacts. It is not acceptable to just contact them at meetings. Missing, leaving, sleeping or being disruptive during a meeting is not permitted, and may result in, at a minimum, verbal warning or individual counseling.

Patients who object to 12-step meetings should discuss their objections with their primary counselor and/or clinical provider.

**Physical Fitness Training**

Unless medically excused, all patients will participate in scheduled physical fitness training and structured physical recreation activities commencing at 1415 Monday-Friday and as scheduled on Saturday and Sunday for a minimum of 45 minutes. Modifications will be made available for those with limitations. Jeans, liberty attire, boots and utilities are not authorized as a PT uniform.

Authorized locations for PT are as follows: NMCP Gym, track, and pool. All PT areas outside of the Gym and pool require a minimum of one other liberty buddy. Non PT areas are secured during PT times, including berthing/lounge spaces. PT is also authorized at the discretion of the Treatment Team starting Week 1 from 0500-0630. Patients may not leave the building earlier than 0500. With the exception of liberty time, any additional physical fitness training times other than the treatment scheduled times must be approved by the treatment team.

**Telephones**

Patients are only authorized to use the designated phones for general communication with 12 Step Contacts, family, and friends. Phone use times are as follows: Sun-Fri 1630-2200, Sat 1100-2315. Cellular telephones are prohibited at SARP and all Level III patients must turn them in to INDOC staff. All Level II patients are prohibited from having cellular phones during the treatment day. It is recommended they be left in their car or placed on silent and put in assigned locker. Cellular telephones will be made available for Level III patients at designated times with authorization from their assigned Treatment Team. They will be returned upon completion of the program.

**Telephone Messages**

As a courtesy, urgent incoming telephone messages may be received at the facility quarterdeck; however confidentiality does not allow for the acknowledgement that any individual is actually in or at the treatment facility. Messages will be passed on to patients as appropriate. During normal business hours, the phone number is (757) 953-9817 or (757) 953-9816; after hours, weekends, and holidays, the SARP DDO can be reached at (757) 953-9981. All emergency calls will be referred to the appropriate treatment team or leadership staff.

**DAPA or Direct Chain of Command Visits & Visitors**

DAPA and direct chain of command visits are encouraged, and should be coordinated through a member of the patient’s treatment team at least 24 hours in advance. Patients will meet command visitors at the Patient Affairs office in building 104 and typically conduct the visit over lunch (1130-1230) at the NMCP galley or food court. Visitation within building 104 should be coordinated with the Treatment Team to identify an available location to ensure confidentiality. Visiting hours during the week are 1130 – 1230 and are limited to Command visits, unless special arrangements have been made.

**Personal visits from family and friends are not authorized at any time during the week, to include meal and PT times.** The patients are allowed personal visits on the weekends and holidays during visitation hours only (Saturday: 1230-1745, Sunday: 1230-1745). All weekend visitors are required to meet the patient at the DDO desk, located on the 1st deck inside Patient Affairs. Visitors are required to sign in and out, and return with the patient to the DDO desk at the conclusion of visiting hours. Weekend visitors are also required to sign the visitor contract with the DDO. No pets are allowed in the building other than those officially sanctioned for pet therapy at SARP or certified service animals IAW NMCP policy.

Patients are authorized to leave base with a command visitor if approved by treatment team. Patients are not authorized to be inside personal vehicles or leave base with a personal visitor, unless they are granted a therapeutic assignment in advance by their treatment team. With the exception of patients considered in INDOC, patients may leave the building with visitors but must remain on base.

**Food/ Drinks/Snacks**

Food, drinks and snacks are allowed to be consumed in the patient lounge, 1st deck conference room and as authorized by staff/DDO. Patients are expected to clean up after any meals/snacks and the cleanliness of the patient lounge is the responsibility of the patients (cleaning schedule posted).
Water and coffee in a container with a spill-proof cap may be consumed throughout building.

Energy drinks containing caffeine, guarana or taurine are not allowed (i.e. Monster, Red Bull, Rock Star, etc.) will not be consumed or purchased. NO FOOD of any type may be stored in your wall locker or berthing at any time. Mini-mart is off limits unless authorized by Treatment Team or other designated staff.

At the DDO’s discretion, outside food may be authorized within the building for special events (e.g. Super Bowl, etc.) providing prior approval has been received by either the Program Director or Department Head. At the group counselor’s discretion, drinks may be authorized within the group room.

Outside Items/Purchases
With the exception of weekends, patients must receive written consent from primary counselors/medical supervisory staff to purchase any items not sold in building 104. All outside items/purchases by patient or items brought by visitors must be examined by their Treatment Team M-F between 0730-1600 and DDO/staff member during all other hours immediately upon entering the building. Receipts must be produced for inspection for all purchases.

Reading Materials and Videos
All reading material has to be approved by designated treatment team or staff/leadership and is authorized for use during leisure/free-time. A small patient library has been established on the 3rd deck of building 104 and is available during liberty hours. Also, approved DVD’s are available to be checked out at the DDO’s office for use during liberty hours at the DDO’s discretion.

Games & Recreation
Board Games may be checked out from the DDO or Recreational Therapist and utilized in the building. All recreational games should occur in the designated recreational areas, such as base gyms, tracks, or fields. Card playing is authorized during leisure free time; however, gambling, in any form, is prohibited. TV is not authorized during the normal treatment day: 0730-1600. TV viewing is authorized from M-F 1630-2200; Saturdays 0630-0000 and Sunday & Holidays from 0630-2200.

Photography
Photography is prohibited on premises of SARP Portsmouth. If authorized, the use of web camera based communications must be used in a manner that no other patient can be seen in the view of the camera).

Religious Services:
The base chaplain visits SARP weekly and available to all patients for spiritual guidance. The base chapel has weekly Protestant services on Sundays at 1100 and Catholic Services at 1300. If your religious services are not available on base, please inform your primary counselor who will arrange through the base chaplain for you to participate in the religious service of your choice.

Operational/Legal Commitments
All patients should be free of operational/legal commitments while attending treatment. Any outside interference with treatment may result in a review and recommendation that treatment be delayed until these interfering issues can be resolved. Any request for special consideration of prior commitments which would interfere with the treatment day are made by routing a special request chit through the primary counselor to your clinical provider at least one week prior so as to coordinate with the command as needed.

Privately Owned Vehicles (POV)
Operating, riding in, or sitting in any privately owned or rented vehicle without prior authorization by approved special request chit is prohibited at all times for Level III patients. Arrangements should be made for the duration of treatment to properly store your POV. POV’s are NOT authorized to remain on the NMCP base.

Compliments and Complaints
A Patient Contact Representative (PCR) is located at the facility. Patients have the right to report complaints or compliments about the care they receive while in treatment. Patients can report complaints to their primary counselor, staff, DDO, and/or the SARP DIVO, Assistant Department Head or Department Head. The Interactive Customer Evaluation kiosk (ICE) is also located on the 1st deck for any anonymous feedback.

Refusing Treatment
You have the right to refuse treatment at SARP. If you decide to not proceed with SARP treatment, please inform your primary counselor and your clinical provider. Your command will be contacted and may administratively separate you for refusing SARP treatment, even if self-referred. If you decide to refuse treatment, be aware that it usually takes 24 hours to arrange transportation and any follow-up appointments that you may require. All active duty patients are required to be released to personnel of their direct chain of command. Authorized transportation is the Command DAPA or designated Command
Representative E7 or above. Discharge occurs during regular business hours (0730-1600). Decisions made after 1200 on a Friday will be delayed until the following normal business day. Any active duty patient who leaves treatment without being properly discharged to chain of command will be considered UA.

Responsibility to Report
Your safety is our primary concern, and we are committed to providing a safe environment for all our patients. It is expected that all patients immediately report to a staff member ANY concerns regarding a patient who may hurt themselves, hurt someone else, is drinking alcohol, using or distributing drugs or sharing/taking another patient’s prescription. This includes any threats of violence, physical, sexual or verbal harassment, hazing or illegal activity. If you are experiencing any suicidal/homicidal ideations or concerned that you may hurt yourself or someone else, please inform a staff member immediately. Additionally, it is the responsibility of all patients to report all injuries, no matter how minor, to staff. Staff are available in the building at all times.

Liberty
Level III patients are authorized base liberty on the 2nd through 4th weekends. Liberty hours are limited to the SARP Facility for those patients identified as INDOC. Patients in treatment are prohibited from entering establishments (bars, taverns, pubs, clubs, and liquor stores) whose primary source of income is the sale of alcoholic beverages. Patients are also prohibited from entering establishments whose primary source of income is derived from the sale of adult entertainment, tattooing and/or body piercing. Additionally, patients are restricted from entering the Barracks.

The facilities that have video games, computers, and televisions known as River’s Edge Recreational Center are authorized for use by patients in weeks 1-5 during the weekend/holiday liberty times only. Patients may still enter the River’s Edge Cafe for lunch during the weekdays, but may not use the computers, televisions, or video games during this time.

I have read and understand that I shall be held accountable for adherence to these rules during my treatment at SARP. My signature below witnesses my agreement to be compliant.

Patient’s Printed Name_________________________

Patient’s Signature and Date _____________________

_____________________________________________________
Orientation Counselor Signature / Date

Counselor’s Stamp