Welcome to SARP Portsmouth!

We are glad you will be joining us for treatment and are hopeful you will find what you are looking for in the coming weeks.

All Level II patients will attend treatment Monday through Friday 0730-1600 and Saturday 0730 - 1130. Sunday is the only day that is not a treatment day.

Following 1600 muster you are released for the treatment day. However, you are required to attend seven (7) AA/NA/Self-Help meetings per week after the treatment day concludes. Attendance at these meetings will likely need to take place after the treatment day and will therefore result in an inability to commit to other responsibilities (e.g. occupational or childcare duties) in the evenings. Meetings can run 2 hours in length.

The program requires a significant amount of your time and investment. Please make arrangements for any responsibilities you may have during your 5 week treatment program.

Checking into treatment you may be in either UOD or appropriate civilian attire. Civilian attire is authorized and encouraged throughout treatment.

You do not need to bring your medical record.

Please see “SARP Level II and III Things to Know” document and “SARP Rules” for additional information

If you have any questions or concerns admission process, please contact Patient Affairs Office Mon - Fri 0700 - 1600 @ 757-953-9816/9817/9723 or email usn.hampton-roads.navhospporsva.list.nmcp-sarpadmissions@mail.mil