



Live 1-on-1 Help Confidential Worldwide 24/7

Help is just a *Click*,  
*Call* or *Text* away!



For confidential victim assistance visit [www.SafeHelpline.org](http://www.SafeHelpline.org)



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Call 877-995-5247

Text\* 55-247 (INSIDE THE U.S.)  
202-470-5546 (OUTSIDE THE U.S.)

\*Text your location for the nearest support resources



Want to go mobile? To download the free DoD Safe Helpline app, visit the App Store or Google Play.

## FIND HELP AT NMCP

Uniformed Victim Advocate (757) 402-2570      Civilian Victim Advocate (757) 402-2571

NMCP Sexual Assault Response Coordinator (SARC)  
(757) 402-2568

\* All available 24/7

## SEXUAL ASSAULT VICTIM REPORTING OPTIONS:

### **RESTRICTED**

- VA/SARC notified
- **Command NOT Notified**
- **NO Investigation Initiated**
- SARC or VA attends to victim needs (provides supportive services)
- Access to Medical Care
- Access to Counseling
- Victim Legal Counsel (VLC) available
- **CANNOT request expedited transfer**
- **Military Protective Order (MPO) NOT available**
- Option to change to Unrestricted

### **UNRESTRICTED**

- VA/SARC notified
- **Command is Notified**
- **Investigation Initiated**
- SARC or VA attends to victim needs (provides supportive services)
- Access to Medical Care
- Access to Counseling
- Victim Legal Counsel (VLC) available
- Option to request expedited transfer
- MPO request available
- **CANNOT change to Restricted**

\* If you tell anyone who subsequently notifies command or if someone observes the assault and notifies command, an investigation is automatically launched. You may lose your restricted reporting option.