Transitioning from Pediatrics to Adulthood
Agenda

1) TRICARE and the Affordable Care Act (ACA)
2) TRICARE Regions and Managed Care Support Contractors
3) TRICARE Eligibility, DEERS and ID Cards
4) Health Care Options
5) Internet and Telephone Resources for Information and Assistance
TRICARE and the Affordable Care Act

- All TRICARE programs (except line-of-duty care or direct-care-only) meet the minimum essential requirements (MEC) of the Affordable Care Act (ACA)
- Eligibility information in DEERS must be up-to-date and accurate to ensure compliance
- [www.healthcare.gov](http://www.healthcare.gov)
TRICARE Regions and Contractors

TRICARE Regional Offices (TRO)

TRO North
1-866-307-9749
www.tricare.mil/tronorth

TRO South
1-800-554-2397
www.tricare.mil/trosouth

TRO West
1-800-558-1746
www.tricare.mil/trowest

TRICARE Overseas Program
International SOS
1-888-777-8343
www.tricare-overseas.com

Regional Contractors

North Region
Health Net Federal Services
1-877-874-2273
www.hnfs.com

South Region
Humana Military
1-800-444-5445
www.humanamilitary.com

West Region
United Healthcare
1-877-988-9378
www.uhcmilitarywest.com

Tidewater Military Health System – Fiscal Year 2016
TRICARE Eligibility, DEERS and ID Cards

- DEERS (Defense Enrollment Eligibility Reporting System)
  - Military personnel function
  - Update with any change in status
  - Rapids sites (ID card offices)
    - Information – 1-800-538-9552
      - www.milconnect.dmdc.mil
    - Site locater
      - www.dmdc.osd.mil
    - Appointments
      - https://rapids-appointments.dmdc.osd.mil
TRICARE-Eligible Beneficiaries

- Sponsor/service member (active, retired, National Guard, Reserves, Medal of Honor recipient)
- Family members
  - Spouse
    - Former (divorced) spouse – specific criteria must be met
  - Children – unmarried to age 21 (23 if full-time student)
    - TRICARE Young Adult to age 26
    - Considerations for adult incapacitated children
- Survivors (spouse and children)
- Others (limited, space-available direct care only)
Incapacitated Adult Children

- Permanent eligibility for special needs adult children
  - Unmarried and incapable of self-support because of a qualifying disability that existed before age 21 (or between age 21 and 23 if a full-time student)
    - Incapacitated student – a physician’s statement that the incapacitation occurred between age 21 and 23, and a letter from the school verifying full-time status are required when applying for permanent eligibility
  - Child relies on the sponsor for over 50% of support (or did at the time of a sponsor’s death)
  - Apply through DEERS at least 90 days before current ID card expires
Applying for Permanent Eligibility

- Required documentation:
  - Physician’s written statement (dated within 90 days)
  - If eligible, proof of Medicare A and B (except ADFMs)
  - Birth certificate and parents’ marriage certificate
  - Approved MTF medical sufficiency statement/letter and dependency determination (over 50%) from a uniformed service approval authority
  - DD Form 1172, Application for Uniformed Services ID Card-DEERS Enrollment and DD Form 137-5, Dependency Statement-Incapacitated Child Over Age 21
Permanent Eligibility SPOCs

- Service points-of-contact (SPOC) and policy guidance
  - USA – Defense Financing and Accounting Office (DFAS) – Indianapolis; Army Regulation 600-8-14
  - USAF – DFAS – Denver; Air Force Instruction 36-3026_IP
  - USN – Navy Personnel Command – Millington; BUPERS Instruction 1750.10C
  - USMC – Headquarters Marine Corps – Quantico; Marine Corps Order 5512.11D
  - USCG – Special Needs Program Manager – Washington
Options for Adult Children

- If permanently eligible for TRICARE
  - TRICARE Prime (in Prime Service Areas), or Extra and Standard
  - TRICARE for Life (when Medicare-eligible)
- If not eligible at age 21 (or 23, if a full-time student), and unmarried – TRICARE Young Adult (to age 26)
- If not eligible for TRICARE
  - Continued Health Care Benefit Program (CHCBP)
    - Optional temporary coverage similar to Standard and Extra, but does not include use of MTFs
    - Quarterly premiums - $1,300/individual; $2,925/family
    - Managed by Humana – [www.humana-military.com](http://www.humana-military.com)
  - Commercial insurance

Tidewater Military Health System – Fiscal Year 2016
Online Information

- Medicare – www.medicare.gov
- Reserve Affairs – www.defenselink.mil/ra
- Social Security – www.ssa.gov
- TRICARE – www.tricare.mil
- Veterans Affairs – www.va.gov
- Veterans Health Administration – www.va.gov/health
Tidewater Health Benefit Advisors

- Beneficiary Counseling and Assistance Coordinators and Debt Collection Assistance Officers in Tidewater
  - McDonald Army Health Center – (757) 314-7939
  - NMCP – 953-2610
  - USAF Hospital Langley – 225-5111
  - Branch Health Clinic (BHC) Dam Neck – 953-9522
  - BHC Little Creek (Boone Clinic) – 953-8182
  - BHC Norfolk (Sewell’s Point) – 953-8708
  - BHC Northwest – 421-8220
  - BHC Oceana – 953-3933 (option 7)
  - BHC Yorktown – 953-8441
  - TRICARE Prime Clinic (TPC) Chesapeake – 953-6382
  - TPC Virginia Beach – 953-6710
Tidewater Military Health System
620 John Paul Jones Circle
Portsmouth, Virginia 23708

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