What's New in Public Health

Click the links below to discover the latest news and updates from NMCPHC!

NMCPHC Updates

- Women’s Health Toolbox
- 2017-2018 Influenza Surveillance Advisory
- EpiData Center 2016 Surveillance Summaries
- The History of Tobacco
- Quick Hit – Preparing for the Unexpected
- BUMED Guidance – Childhood Lead Poisoning Prevention
- DRSi Newsletter: The Reporter

Public Health in the News

- Promoting Public Health through Mobile Community Health Fairs – Navy.mil
- New School Year, Same Risk: Don’t Forget the Sunscreen – Health.mil
- Getting ZZZs: Military Sleep Clinics Keep Troops on Their Toes by Shutting Their Eyes – Health.mil
- SPS 17 Preventive Medicine Team Tackles Killer Bees and Mosquitos in Guatemala – DVIDS
- NMCP’s Simulation Center Opens Doors During Healthcare Simulation Week – Navy.mil
- John C. Stennis Tackles DUIs – Navy.mil

NMCPHC Upcoming Training & Conferences

- October 24 & November 1: Tobacco Cessation Facilitator Training
- October 31: DRSi Webinar – Prevention Services for the STI Patient

NMCPHC Field Activity Education & Training

- Navy Entomology Center of Excellence (NECE)
- NEPMU-2
- NEPMU-5
- NEPMU-6
- NEPMU-7
Women’s Health Toolbox

Our Women’s Health Toolbox provides a variety of resources to help ensure the mission readiness and overall well-being of the women serving in our military as well as our families.  
[Click here to learn more >>]

2017-2018 Influenza Surveillance Advisory

The Influenza vaccine for the upcoming flu season is becoming available throughout the Department of Defense (DoD) and immunization campaigns are underway. DoD policy requires influenza vaccination for all active duty and reserve component personnel. Navy Medicine influenza surveillance strategy includes central analysis of electronic clinical data, local Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE) monitoring, Fleet Disease and Injury (D&I) tracking and reporting of hospitalizations associated with laboratory confirmed influenza via Disease Reporting System internet (DRSi). [Click here to read more >>]

EpiData Center 2016 Surveillance Summaries

The EpiData Center (EDC) conducts surveillance of various bacterial infections in the Military Health System (MHS) that affect the health and mission readiness of service members, veterans and beneficiaries. The 2016 surveillance summaries discuss the following bacterial infections: *Acinetobacter* species, *Clostridium difficile*, *Escherichia coli* (E. coli), *Klebsiella* species, Methicillin-resistant *Staphylococcus aureus* (MRSA), *Pseudomonas aeruginosa* and Vancomycin-resistant *Enterococci* (VRE). [Click here to learn more >>]

The History of Tobacco

Tobacco is a dangerous addiction that's expensive, deadly and has a serious impact on readiness. Sailors and Marines who smoke get sick more often, which translates into more lost workdays and hospitalizations than nonsmokers. The History of Tobacco handout provides a timeline to help you chronologically visualize the campaigns, laws and studies that have shaped what we know about tobacco today. [Click here to view the handout >>]
Quick Hit – Preparing for the Unexpected

Severe weather and natural events can strike at any time and sometimes without warning. Depending on the region and terrain, storms and natural disasters can wreak havoc on families, communities and home and business owners. Before danger strikes, take time to prepare! We’ve gathered our top tips to help you prepare for the unexpected. 

Click here to learn more >>

BUMED Guidance – Childhood Lead Poisoning Prevention

The purpose of BUMED Instruction 6200.14D is to establish policy and procedures for Navy Medicine’s role in the prevention of childhood lead poisoning. This instruction is a complete revision from the previous version and must be reviewed in its entirety. This instruction applies to all Military Treatment Facilities (MTFs) serving pediatric populations. 

Click here to learn more >>

DRSi Newsletter: The Reporter

The Reporter is a monthly newsletter for MTF and shipboard public health staff, including users of the Disease Reporting System internet (DRSi). Each issue highlights monthly trainings, department updates, guidance and news to ensure timely recognition and control of infectious diseases. 

Click here to learn more >>
Promoting Public Health through Mobile Community Health Fairs

Navy Environmental Preventive Medicine Unit Five (NEPMU-5) participated in nine health fairs at Lincoln Military Housing centers in the San Diego area on Sept. 13-27, as part of the unit's robust health promotion program. The health fairs provided families with a convenient means to learn about topics pertinent to their mental and physical health. "Our goal is to provide a fun environment for people to learn accurate and relevant health information that they can then apply to their lives resulting in positive sustainable change," said Dr. Regina Pointer, NEPMU-5 public health educator. Click here to read more >>

New School Year, Same Risk: Don’t Forget the Sunscreen

As summer winds down and school gets into full swing, it can be easy to cast aside sunscreen and sun protective gear. Remembering to protect children and teenagers from ultraviolet (UV) rays is as important throughout the school year as it is during the summer. Navy Lt. Cmdr. Rachel Ellis, a dermatologist at Naval Medical Center Portsmouth (NMCP) in Virginia, said starting daily skin care habits at an early age is essential—especially for the future. Skin damage from sun exposure can take months or years to show up, and much of it results from childhood. Making sunscreen application part of a child’s or teenager’s everyday routine, just like brushing teeth, can make a big difference. Click here to read more >>

Getting ZZZs: Military Sleep Clinics Keep Troops on Their Toes by Shutting Their Eyes

Navy Lt. Brian Holbrook knew something was wrong. He was tired all the time. Too tired, in his opinion, for the work he did during a regular duty day as the health facilities planning and project officer for Navy Medicine West in Hawaii. He felt drowsy, almost intoxicated, all the time. And then the accidents started happening. “I’ve been driving for 20 years and never had an accident. I had two driving accidents within six months of each other,” he said. “And they were both my fault! I ran into a car and hit a parked car.” Click here to read more >>
SPS 17 Preventive Medicine Team Tackles Killer Bees and Mosquitoes in Guatemala

Sailors assigned to the Navy Entomology Center of Excellence (NECE) practiced killer bee and mosquito control and prevention during a visit to the Centro De Atención Mis Años Dorados, a local nursing home during Southern Partnership Station 2017 (SPS 17) on Sept. 18. Lt. Cmdr. Ian Sutherland, technical director for NECE, and Hospital Corpsman 1st Class Dominic Ladmirault, a preventive medicine technician, worked together to exterminate a hive of Africanized killer bees and to minimize the mosquito population during their trip to the elderly care facility. Click here to read more >>

NMCP’s Simulation Center Opens Doors During Healthcare Simulation Week

The Healthcare Simulation and Bioskills Training Center (HSBTC) at NMCP invited staff, patients and visitors to experience the simulators and training available during an open house on Sept. 14 in celebration of Healthcare Simulation Week. The Simulation Center's mission is to provide high-quality, customer-centric healthcare simulation and tissue-based training to advance readiness and value through enhanced medical education and patient safety. They do this through three primary lines of operation: Graduate Medical Education Support, Patient Safety/Skills Sustainment Initiatives, and Combat Casualty Care training. Click here to read more >>

John C. Stennis Tackles DUIs

Sailors gathered in USS John C. Stennis' (CVN 74) hangar bay for a "Tackle the DUI" tailgating event on Sept. 17. The event promoted healthier lifestyles and raised awareness of the effects of alcohol with informational booths and football themed activities. By arming their peers with information, John C. Stennis Sailors hoped to prevent their shipmates from driving under the influence (DUI). The tailgate was organized by the ship's Coalition of Sailors Against Destructive Decisions (CSADD) working with the command Drug and Alcohol Program Advisors (DAPA), First Class Petty Officers Association (FCPOA), Second Class Petty Officers Association (SCPOA) and Junior Enlisted Association (JEA). Click here to read more >>
Tobacco Cessation Facilitator Training

October 24  
Norfolk Branch Medical Clinic Norfolk, VA

November 1  
Walter Reed National Military Medical Center Bethesda, MD

Tobacco cessation courses are offered at a variety of locations including ashore and afloat commands as well as MTFs. The Tobacco Cessation Facilitator Training course equips individuals with the knowledge and skills required to become tobacco cessation facilitators at their local command in order to assist others with quitting tobacco. The course will familiarize attendees with individual and group treatment program approaches as well as the counseling skills and knowledge to effectively help tobacco users quit their addiction. In this course, attendees will learn the components of the American Cancer Society’s Freshstart® tobacco cessation program as well as additional topics useful for conducting tobacco cessation, such as facilitation skills and behavior change. Attendees will also receive materials and guidance to execute tobacco cessation programming at the local level. [Click here to learn more]>

DRSi Webinar – Prevention Services for the STI Patient

October 31  
Webinar

The Preventive Medicine Program and Policy Support (PPS) Department of NMCPHC is part of a tri-service group that hosts monthly training sessions for MTF and shipboard public health staff, including users of DRSi. In this training, participants will learn to state the standard of care for the treatment, testing, vaccination, counseling and partner services for the patient with a sexually transmitted infection (STI); describe training resources and support documents for conducting STI patient prevention services; and state the concepts and steps in conducting sexual risk reduction counseling and partner referral services. The training is approximately 30 minutes long and is conducted online with an accompanying dial-in phone number. [Click here to learn more]>
Navy Entomology Center of Excellence (NECE)

NECE offers training to DoD pest management professionals to include pesticide applicator certification (approved by the U.S. Environmental Protection Agency to satisfy federal training and certification requirements for pesticide applicators); DoD pesticide applicator recertification; operational entomology training (preparing preventive medicine personnel to establish a public health pest management program); and shipboard pest management (NECE serves as the Navy program manager for shipboard pest control). [Click here to learn more]>

NEPMU-2

The mission of NEPMU-2's Education and Training Department is to provide fleet and staff training, leadership and management to ensure that required professional certificates for occupational, environmental and preventive medicine professionals are met throughout the Navy and Marine Corps. [Click here to learn more]>

NEPMU-5

The mission of NEPMU-5’s Education and Training Department is to provide external and internal education and training, ashore and afloat, while maintaining training logistical support for deploying Forward Deployable Preventive Medicine Unit (FDPMU) teams in support of operational commanders worldwide. Services offered include CANTRAC and specialized education & training in support of Navy military and civilian personnel assigned within this unit’s area of responsibility (AOR), ashore and afloat. [Click here to learn more]>

NEPMU-6

The Education and Training Department of NEPMU-6 offers courses throughout the year including (but not limited to) food safety manager’s course, laboratory identification of malaria training, DoD pesticide applicator certificate refresher course, shipboard pest management training and Navy ship sanitation certificate program. [Click here to learn more]>

NEPMU-7

NEPMU-7 provides force health protection courses throughout the year including (but not limited to) operational entomology training, shipboard pest management and food safety manager’s/supervisor’s course. [Click here to learn more]>