



What is the Diabetes Resource and Collaboration Hub?

The Diabetes Resource and Collaboration Hub (DRCH) is an online community that promotes collaboration and resource sharing, connects diabetes educators to existing resources, and facilitates communication among Navy and Marine Corps Public Health Center (NMCPHC), Navy diabetes educators, and others across Military Health System (MHS). The DRCH provides an evidence-based, standardized approach to diabetes self-management education for the Navy.

Why was it created?

In 2014, NMCPHC conducted a stakeholder assessment and rapid environmental scan in which personnel from nine Navy and Army medical treatment facilities and the Air Force's Diabetes Center of Excellence were interviewed. Data collected from the stakeholder assessment and environmental scan revealed a need for a standardized turnkey program that includes:

- ▶ A program guide to support the development and/or enhancement of local diabetes self-management education (DSME) programs, following American Diabetes Association (ADA) and American Association of Diabetes Educators (AADE) guidelines
- ▶ Curriculum and resources that adhere to ADA and AADE standards, as well as plain language best practices
- ▶ A central repository for accessing materials
- ▶ Template material that can be modified for audience needs

How can the DRCH benefit diabetes educators?

Through the DRCH, NMCPHC will equip diabetes educators with diabetes self-management educational and support resources so they can focus their time and efforts on patient education and care. The DRCH, and its milBook group, act as a central repository for diabetes education materials and resources that can be used to create a new, custom program or enhance an existing local DSME program. Diabetes educators and other health care providers who offer diabetes education and support can add educational materials and best practices to the repository, as well as engage in online discussions and attend collaboration events about diabetes self-management education.

What diabetes self-management resources does the DRCH offer?

Examples of resources offered within the DRCH include:

- ▶ Diabetes education curriculum and tools
- ▶ ADA and AADE DSME program development guidance
- ▶ Program guide for local implementation
- ▶ Recruitment and referral guide (Communicating with Providers)
- ▶ Patient self-education guide
- ▶ Post-course patient workbook
- ▶ Marketing toolkit

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How can I access the DRCH?

The DRCH's main platform for collaboration and resource sharing is a milBook group within milSuite; milSuite is a DoD enterprise-wide suite of collaboration tools that mirrors the functionality of existing social media platforms. The DRCH can be accessed at: <https://www.milsuite.mil/book/groups/diabetes-resource-and-collaboration-hub>.

- ▶ The site requires a Common Access Card to log in.
- ▶ If you are not already a milSuite user, a milSuite registration guide can be accessed at: <http://www.afcea.org/events/cyber/13/documents/HowtoRegisterformilSuiteScreenshots.pdf>.
- ▶ To join, request access to the DRCH milBook group and NMCPHC will review and accept your request.

How do I get involved?

Diabetes educators who want to become actively engaged in the DRCH can do so in many ways, including:

- ▶ **Posting and sharing resources** such as VA/DoD Clinical Practice Guidelines for the Management of Diabetes Mellitus, and original content such as teaching aids for diabetes self-management courses. Post these documents to the "Resource Sharing" discussion board for other diabetes educators to reference, review, and use in their DSME programs.
- ▶ Using **discussion boards** to share success stories, ask questions of diabetes educators, and engage in online dialogue about diabetes education products.
- ▶ **Publishing a blog post** describing your experiences as a diabetes educator, such as how you promoted National Diabetes Awareness month in your local community.
- ▶ **Polling other diabetes educators** to elicit votes on ideas about program implementation and restructuring diabetes education courses.
- ▶ **Viewing and sharing educational videos**, such as videos that demonstrate proper care for type 2 diabetes.
- ▶ **Sharing an event** for other diabetes educators to participate in training, education, or collaboration opportunities.

FOR MORE INFORMATION

To learn more, visit us at <http://www.med.navy.mil/sites/nmcpbc/population-health/Pages/default.aspx>. Comments or general questions can be emailed to usn.hampton-roads.navmcpubhlthcenpors.list.DRCH@mail.mil.