

HIV

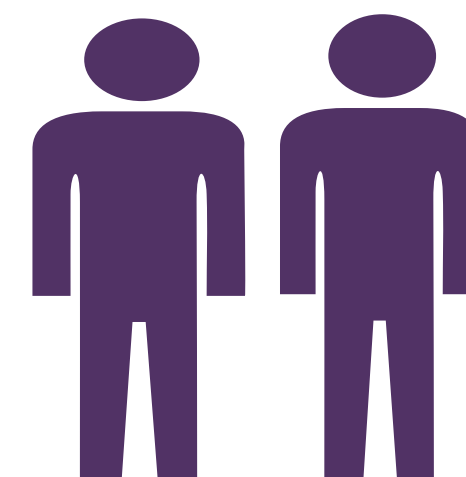
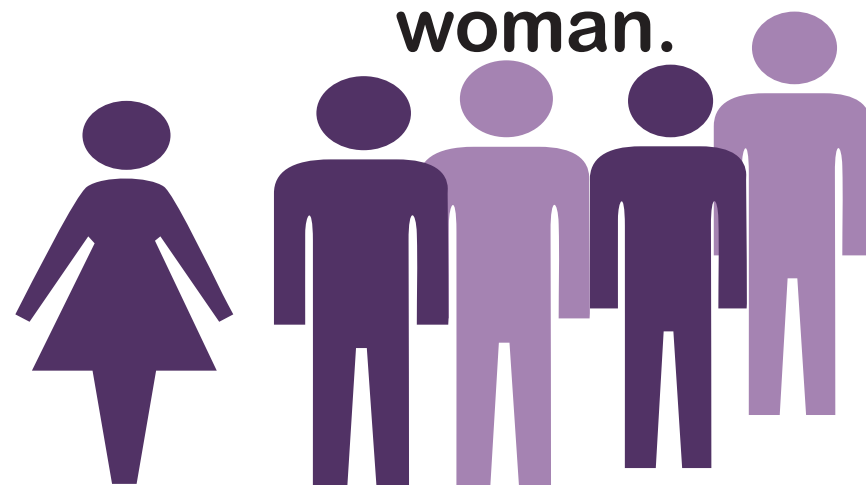
...Sailors and Marines should know...

HIV happens...

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...every 5 days,
another active duty
Sailor or Marine
is diagnosed with HIV.

...to women:
in the U.S., about 1 of 5 people
that got HIV last year is a
woman.



...to men: Men who have unprotected sex with men are at
highest risk of getting HIV.
Men who have unprotected sex with women can also get HIV.

But it doesn't have to...

Condoms

used right and every time
greatly reduce your risk.



Just pulling out,
or just asking your partner
if they have HIV
are NOT safe strategies.

Ask for an HIV test

every year if you are a
man who has sex with
men



or if you have
sex without a condom

HIV medicine

can greatly reduce your risk of getting HIV.
You can take one pill each day - it's called PrEP.

- or -

You can take HIV pills after an exposure - BUT you must
start within 72 hrs - it's called PEP.

Ask if PrEP or PEP are right for you.

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**NAVY AND MARINE CORPS
PUBLIC HEALTH CENTER**

PREVENTION AND PROTECTION START HERE