MEMORANDUM FOR COMMANDER, NAVY MEDICINE EAST
COMMANDER, NAVY MEDICINE WEST
COMMANDER, NAVY MEDICINE NATIONAL CAPITAL AREA
COMMANDER, NAVY MEDICINE SUPPORT COMMAND

Subj: ELECTRONIC CIGARETTES

1. This memorandum provides guidance to all Navy Medicine personnel regarding the safety concerns of electronic nicotine delivery devices (electronic cigarettes). Electronic nicotine delivery devices are not currently endorsed for evidence-based tobacco cessation guidance or treatment by the U.S. Public Health Service, Department of Defense, or Department of Veterans Affairs Tobacco Cessation Clinical Practice Guidelines. Navy Medicine does not condone or support the use of these non-Federal Drug Administration (FDA) approved nicotine delivery devices.

2. Navy Medicine does fully endorse those medications and therapies that are approved by the FDA for evidence-based tobacco cessation, to include nicotine gum, skin patches, lozenges, oral inhaled products, and nasal sprays. These products are available to aid in a successful tobacco cessation program.

3. For questions regarding the use of electronic nicotine delivery devices, the point of contact is Captain Larry Williams, Navy and Marine Corps Public Health Center, at (757) 953-0994 or e-mail Larry.Williams@med.navy.mil.

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