



YOU SERVE. WE PROTECT.



 Health Promotion and Wellness for Wounded, Ill, or Injured Sailors and Marines

The Navy and Marine Corps Public Health Center Health Promotion and Wellness Department provides evidence-based health promotion programs and services that facilitate readiness and resilience, prevent illness and injury, hasten recovery, and promote lifelong healthy behaviors in those who are wounded, ill, or injured.

For more information on your local resources, contact:

To learn how our programs can help facilitate recovery and strengthen resilience, visit us at WWW.MED.NAVY.MIL/SITES/NMCPHC/WOUNDED-ILL-AND-INJURED/PAGES/HEALTH-PROMOTION.ASPX.

NAVY AND MARINE CORPS PUBLIC HEALTH CENTER
PREVENTION AND PROTECTION START HERE

