Dampness and Mold Assessment Tool
General Buildings

Form & Instructions

Centers for Disease Control and Prevention
National Institute for Occupational Safety and Health
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Dampness and Mold Assessment Tool

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Background

The health of those who live, attend school, or work in damp buildings has been a growing concern through the years due to a broad range of reported building-related symptoms and illnesses. Research has found that people who spend time in damp buildings are more likely to report health problems such as these:

- Respiratory symptoms (such as in nose, throat, lungs)
- Development or worsening of asthma
- Hypersensitivity pneumonitis (a rare lung disease caused by an immune system response to repeated inhalation of sensitizing substances such as bacteria, fungi, organic dusts, and chemicals)
- Respiratory infections
- Allergic rhinitis (often called “hay fever”)
- Bronchitis
- Eczema

Exposures in damp buildings are complex. They vary from building to building, and in different places within a building. Moisture allows indoor mold to multiply more easily on building materials or other surfaces, and people inside buildings may be exposed to microbes and their structural components, such as spores and fungal fragments. Mold may also produce substances that can cause or worsen health problems, and these substances vary depending on the mold species and on conditions related to the indoor environment. Moisture can also attract cockroaches, rodents, and dust mites. Moisture-damaged building materials can release volatile organic compounds that can cause health problems.

Researchers have not found exactly how much exposure to dampness-related substances it takes to cause health problems. Research studies report that finding and correcting sources of dampness is a more effective way to prevent health problems than counting indoor microbes. Therefore, NIOSH developed a tool to help assess areas of dampness in buildings and to help prioritize remediation of problems areas.

NOTE: NIOSH uses the term “mold” to refer to fungi in the indoor environment, which can include multicellular fungi that produce hyphae, unicellular yeasts, and in some excessively damp environments, mushroom producing basidiomycetes.
# Dampness and Mold Assessment Tool

## General Information

<table>
<thead>
<tr>
<th>Field</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td></td>
</tr>
<tr>
<td>Observer</td>
<td></td>
</tr>
<tr>
<td>Building</td>
<td></td>
</tr>
<tr>
<td>Floor</td>
<td></td>
</tr>
<tr>
<td>Room/Area ID</td>
<td></td>
</tr>
</tbody>
</table>

## Room/Area Type

Describe below the type of room/area you are assessing.

## General Notes

* Within 3 feet of exterior wall.

**Scoring:**

- **0** = none
- **1** = < or = the size of a sheet of paper
- **2** = > than a sheet of paper to the size of a standard door
- **3** = > than the size of a standard door

---

### Damage or Stains

<table>
<thead>
<tr>
<th>Component</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
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<tbody>
<tr>
<td>Ceiling</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Walls</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Floor</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Visible Mold

<table>
<thead>
<tr>
<th>Component</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
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<tbody>
<tr>
<td>Ceiling</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Walls</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Floor</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Wet or Damp

<table>
<thead>
<tr>
<th>Component</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ceiling</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Walls</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Floor</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Component Notes

- Ceiling tile
- Plaster
- Concrete
- Sheet rock
- Metal
- Wood
- Sheet rock
- Plaster
- Concrete
- Block
- Brick
- Tile
- Wood
- Peeling paint
- Rust
- Other
- Wood
- Carpet
- Vinyl
- Ceramic
- Concrete
- Peeling paint
- Efflorescence
- Other
- Buckling
- Other
- Exterior
- Interior
- Skylight
- Peeling paint
- Condensation
- Other
- Furniture
- Mechanical
- Sink
- Toilet
- Copier
- Peeling paint
- Rust
- Other
- Radiator
- Forced-air
- Fan
- Unit ventilator
- Window unit
- Peeling paint
- Rust
- Other
- Books
- Boxes
- Equipment
- Peeling paint
- Rust
- Other
- Plumbing
- Gas
- Peeling paint
- Rust
- Other

### Assessment Notes

Fill in the bubbles for additional detail. Describe if “Other.”

---

**Mold Odor:** Fill in the bubble for mold odor. Be sure to smell for mold odor when you first walk into the room/area.
Instructions

Dampness and Mold Assessment Tool

Assessment Cycle

1. Assess
Use the Dampness and Mold Assessment Tool in all rooms and areas of your building(s).

2. Identify
Determine the source(s) of dampness or mold identified in STEP 1 by further investigating where the moisture is coming from.

3. Repair & RemEDIATE
Facilities staff or trained professionals should repair all identified sources of dampness and mold and remediate damaged areas following proper guidelines.*

4. REPEAT
Schedule regular building assessments to prevent new or worsening problems and repeat STEP 1.

*Mold Remediation in School and Commercial Buildings—Environmental Protection Agency (EPA)
www.epa.gov/mold/mold-remediation-schools-and-commercial-buildings-guide
NOTICE TO USERS

Building assessments using the Dampness and Mold Assessment Tool will likely be done in areas that may pose health problems for some people. Use caution if you have asthma, allergies, or are having current respiratory health symptoms.
1) General Information

Complete the top of the form by entering the following information.

**Date:** Month, day, and year of the assessment.
**Observer:** Name of the person that is performing the assessment.
**Building:** Unique reference of the building (such as main, annex, portable).
**Floor:** Floor number or level.
**Room/Area Identification:** Room number or title.

**Example:**

<table>
<thead>
<tr>
<th>General Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Date:</strong> 8/20/2017</td>
</tr>
<tr>
<td><strong>Observer:</strong> Jon Snow</td>
</tr>
<tr>
<td><strong>Building:</strong> Whitehall Administration</td>
</tr>
<tr>
<td><strong>Floor:</strong> 2</td>
</tr>
<tr>
<td><strong>Room/Area Identification:</strong> 2027</td>
</tr>
</tbody>
</table>

2) Room/Area Type

Describe the room or area you are assessing.

**NOTE:** It is important to keep room/area titles standardized. For example, rooms with more than one title (e.g., bathroom, washroom, men’s & women's facilities) should be referred to as the same title each time an assessment is conducted. This will help with data consistency.

**Example:**

Room/Area Type: Describe below the type of room/area you are assessing.

Room 2027 is the office directly across from the staff kitchen on the second floor.
3) Mold Odor

If you detect a mold odor, assess it. Be sure to smell for mold odor when you first walk into each room. Determine subjectively whether a smell is mild, moderate, or strong, and identify the odor’s source.

Example:

None  Mild  Moderate  Strong  Describe source of mold odor: flooring  Source Unknown

If you cannot determine the source, fill in the Source Unknown bubble.

4) Room Components

Place a check (✓) in the first (blue) column for all of the room components found in the room you are assessing. Because all areas must have a ceiling, walls, and a floor, those components are automatically checked. Assess components systematically in the order given from top to bottom.

Example:

- Windows includes internal, external, and skylights.
- Furnishings includes furniture, sinks, toilets, printers and copiers.
- HVAC systems includes all systems used to heat/cool the room or area including unit ventilators, radiators, forced-air systems, window units, and fans.
- Supplies & Materials includes books, paper, boxes, gym equipment, kitchen supplies.
- Pipes includes any exposed pipes in the room.
5) Nothing Found

Look closely at all components identified in the room for any damage, mold, or wetness. Place a check (✓) in the third (gray) column for all of the room components where no issues are identified.

Example:

<table>
<thead>
<tr>
<th>Component</th>
<th>Check if component is in the room/area.</th>
<th>Check if nothing found</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓ Ceiling</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>✓ Walls</td>
<td></td>
<td></td>
</tr>
<tr>
<td>✓ Floor</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>✓ Windows</td>
<td></td>
<td></td>
</tr>
<tr>
<td>✓ Furnishings</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>✓ HVAC systems</td>
<td></td>
<td></td>
</tr>
<tr>
<td>✓ Supplies &amp; Materials</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>✓ Pipes</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In this example, no damage, mold, or wetness was found on the floor, the furnishings, or supplies & materials.

6) Assessing Damage and Scoring

Assessing Damage

Use the three different columns of damage types for the assessment.

1) Damage or Stains

This refers to any water-related damage or stains identified per component.

- Damage could include peeling paint, efflorescence, rust, warping, and deteriorated or crumbling building materials.
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Scoring

Scoring is based on the size of all affected areas combined. Individual sizes of each affected area are added together to obtain a combined size. Scoring examples are provided in the Appendix (pages 11–13).

1) Stains could include discoloration caused by possible water leaks, flooding or condensation.

2) Visible Mold

Note if you see visible mold growth or suspect mold growth.

• Mold can include patches or spots that are colored differently than the underlying material (typically gray, brown, or black). Mold can appear fuzzy and can have a musty or earthy odor.

3) Wet or Damp

Note any areas of wetness or dampness that are visible.

• Wet or damp conditions could include visible signs of moisture, such as water beads or condensation, humidity, water leaks, or flooding.

Using the Form

- Water stained ceiling panels.
- Mold on a wall.
- Wet area on floor and side of wall.
- Interior door
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Score each component by filling in the appropriate assessment score in the Damage or Stains, Visible Mold, or Wet and Damp columns. If the affected area is within 3 feet of an exterior wall, place a check (✓) in the yellow column after each scoring column.

Example:

<table>
<thead>
<tr>
<th>Damage or Stains</th>
<th>Visible Mold</th>
<th>Wet or Damp</th>
</tr>
</thead>
<tbody>
<tr>
<td>See scoring below</td>
<td>✓</td>
<td>☑</td>
</tr>
<tr>
<td>0 ● 2 3</td>
<td>0 ① ● 3</td>
<td>● ① ② 3</td>
</tr>
</tbody>
</table>

These evaluations are subjective, so you should try to be consistent in the way you observe the conditions and then score each assessment.

A score of 3 for Damage or Stains, Visible Mold, or Wet or Damp should trigger immediate attention to identify problem sources and to remediate. Likewise, a score of 3 for Mold Odor should trigger attention to identify areas of hidden mold. Scores should also be used for comparison of rooms/areas over time to see if remediation works or if problems get worse.

7) Component & Assessment Notes

This section collects more information that you observe for each of the room components:

- "Component Notes" includes information on the material or location affected.
- "Assessment Notes" includes information on common indicators of dampness.

Fill in the bubble(s) that most accurately apply to your observational assessment.

Example:

<table>
<thead>
<tr>
<th>Component Notes</th>
<th>Assessment Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fill in the bubbles for the type of material that is affected.</td>
<td>Fill in the bubbles for additional detail. Describe if “Other”</td>
</tr>
<tr>
<td>● Ceiling tile ○ Plaster ○ Concrete ○ Wood</td>
<td>● Peeling paint ○ Rust Other:</td>
</tr>
<tr>
<td>○ Sheet rock ○ Metal ○ Tile ○ Wood</td>
<td>○ Peeling paint ○ Efflorescence Other: rt corner crumbling</td>
</tr>
</tbody>
</table>
### Scoring Example 1

In this assessment, these two stains are the only problem areas identified on this room's ceiling. Therefore, combine the size of both stained areas to determine a score.

**Damage or Stains**
The stains on these ceiling tiles are very visible. A score for this would be a 2 because both stains combined are bigger than the size of a standard sheet of paper but smaller than an interior door.
Both stains are not within 3 feet of an exterior wall.

**Visible Mold**
There does not appear to be any mold growth on these two stains at this point. The visible mold score would be 0.
Both stains are not within 3 feet of an exterior wall.

**Wet or Damp**
Both areas were formed after a recent rain and appear wet. Together, they are larger than the size of a standard sheet of paper but smaller that the size of an interior door. This example would have a score of 2.
Both stains are not within 3 feet of an exterior wall.

### Appendix

- **Ceiling**: Check if near exterior wall*

  - **Damage or Stains**: 1 1 3
  - **Visible Mold**: 1 2 3
  - **Wet or Damp**: 1 1 3
Scoring Example 2

Damage in this area is severe and includes two wall sections that meet at the corner. Determine scores based on the combined size of this entire area.

**Damage or Stains**
The damage to this wall is extensive, and the area is larger than the size of an interior door. Therefore, the score should be a 3.

This area is within 3 feet of an exterior wall.

**Visible Mold**
The visible mold on this damaged wall area is larger than the size of an interior door, so the score should be a 3.

This area is within 3 feet of an exterior wall.

**Wet or Damp**
The damage to this wall is very discolored and likely wet. The size of the dampness is larger than an interior door, so the score should be a 3.

This area is within 3 feet of an exterior wall.

<table>
<thead>
<tr>
<th>Damage or Stains</th>
<th>Visible Mold</th>
<th>Wet or Damp</th>
</tr>
</thead>
<tbody>
<tr>
<td>Check if near exterior wall*</td>
<td>Check if near exterior wall*</td>
<td>Check if near exterior wall*</td>
</tr>
</tbody>
</table>

Note this damage in the "General Notes" section of the form for immediate attention.
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Scoring Example 3

This entryway carpet is visibly saturated along the edges. Therefore, combine the size of the wet edges for scoring.

**Damage or Stains**
This entryway appears extremely wet. The size of the sides combined are larger than a sheet of paper, but smaller than an interior door, so the score would be a 2.
This area is within 3 feet of an exterior wall.

**Visible Mold**
The carpet does not seem to have any visible mold. The score would be a 0.
This area is within 3 feet of an exterior wall.

**Wet or Damp**
As with the Damage and Stains score, this extremely wet carpet is larger than a sheet of paper, but smaller than an interior door, so the score would be a 2.
This area is within 3 feet of an exterior wall.

<table>
<thead>
<tr>
<th>Damage or Stains</th>
<th>Visible Mold</th>
<th>Wet or Damp</th>
</tr>
</thead>
<tbody>
<tr>
<td>Check if near exterior wall*</td>
<td>Check if near exterior wall*</td>
<td>Check if near exterior wall*</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Floor</th>
</tr>
</thead>
<tbody>
<tr>
<td>✔️</td>
</tr>
</tbody>
</table>
Is it a stain or is it mold?

Many times this is difficult to determine. If you are not certain what you see is mold:

1) Score as 0 in the Visible Mold column.
2) Write a note in the General Notes section of the form for further evaluation.

Photographs can be useful for documenting conditions. You may consider taking a photograph of an area that seems severe and referring to the photograph in the General Notes section of the form.
Questions? Contact NIOSHBreathe@cdc.gov.