What's New in Public Health

Click the links below to discover the latest news and updates from NMCPHC!

NMCPHC Updates

- Impaired Driving Prevention Toolbox
- FDA Issues Consumer Warning on Sports Products that Contain SARMs
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Public Health in the News

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- Navy Medicine Collects Good for Victims of Hurricane Irma – DVIDS
- TRICARE Call Centers Ready to Help Navy Medicine East Patients to Know the Facts about Upcoming TRICARE Changes – DVIDS

NMCPHC Upcoming Training & Conferences

- January 29 – February 2: DOEHR-SIH Training

*There will be no DRSi trainings and webinars during December.

NMCPHC Field Activity Education & Training

- Navy Entomology Center of Excellence (NECE)
- NEPMU-2
- NEPMU-5
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Impaired Driving Prevention Toolbox

In the United States, approximately 28 people die per day in crashes that involve alcohol-impaired drivers.\(^1\) Even at levels below the legal limit, alcohol can seriously impair judgment and coordination as well as slow reaction time. Drugged driving is also becoming a serious issue because drugs, even when prescribed by a medical provider, can have similar negative effects to alcohol such as impaired judgment, perception and motor skills. December brings with it many opportunities for Sailors and Marines to engage in alcohol use and celebration. It only takes one bad decision, impaired driving, to hurt yourself, your family and friends and your career. Click here to learn more >>


FDA Issues Consumer Warning on Sports Products that Contain SARMs

A new warning was just released October 31, 2017 about selective androgen receptor modulators (SARMs) in dietary supplements from the U.S. Food and Drug Administration (FDA) and its health hazards. Navy Fitness has been disseminating the warning via social media channels. NAVSUP received over 6,000 hits in a few hours! Click here to learn more >>

Quick Hit – Combat Holiday Stress

The holidays can be a stressful time for Sailors, Marines and their families, but we have tools that can help keep your holiday stress from becoming a holiday mess. From healthy eating to holiday budgeting, NMCPHC has got you covered! Click here to read more >>

DOEHRS-IH Navy Metrics, Tools and Informational Queries/Reports

The industrial hygiene (IH) module of the Defense Occupational Environmental and Health Readiness System (DOEHRS-IH) is a comprehensive, automated information system for assembling, comparing, using, evaluating and storing environmental health surveillance data, occupational personnel exposure information, workplace environmental monitoring data, personal protective equipment usage data, observation of work practices data and employee health hazard educational data. The following document is designed to help users navigate DOEHRS-IH metrics, tools and informational reports. Click here to learn more >>
NMCP’s New Warrior Concussion Clinic to Treat Service Members with TBIs

Staff from Naval Medical Center Portsmouth (NMCP), in conjunction with leadership from the naval special warfare (NSW) community, held a ceremony on November 27 to celebrate the official launch of a ground-breaking concussion treatment program delivered through the newly established Warrior Concussion Clinic (WCC). The program was developed at NMCP and modeled after existing Military Health System programs to more efficiently and effectively diagnose and treat expeditionary forces who have a history of concussive exposure and traumatic brain injury (TBI) symptoms. NMCP worked in collaboration with the NSW community to focus on the frontline warfighters and their return to duty after expedited treatment. 

Click here to read more >>

Promoting Health through Mind, Body, Spirit

Many times when conversations about improving health come up, it is natural to focus on physical exercise, but what we put inside our bodies is equally important. What Sailors eat, drink and smoke are common contributing factors to overall health. It is important to remember that total wellness includes a healthy mind, body and spirit. The Health Promotions (HP) committee onboard the Nimitz-Class aircraft carrier USS George Washington (CVN 73) is dedicated to raising awareness and providing opportunities for Sailors to achieve total health. 

Click here to read more >>

Poly Trauma Department Doctors Celebrate 10 Years of Caring for Patients

Naval Medical Center San Diego's (NMCSD’s) Comprehensive Combat and Complex Casualty Care (C5) program celebrated its 10th anniversary in October. NMCSD is one of three hospitals in the Department of Defense (DoD) providing rehabilitation care to service members who are severely injured or ill, especially in overseas operations. 

Click here to read more >>
Navy Medicine Collects Goods for Victims of Hurricane Irma

The Centralized Credentials and Privileging (CCPD) Directorate of the U.S. Navy’s Bureau of Medicine and Surgery (BUMED), in coordination with the local Knights of Columbus Council in Fleming Island, Fla., helped collect supplies for families affected by Hurricane Irma in early October. In total, the group gathered more than 300 pounds of canned goods, toiletries and undergarments. Click here to read more >>

TRICARE Call Centers Ready to Help Navy Medicine East Patients to Know the Facts about Upcoming TRICARE Changes

Beginning January 1, 2018, significant changes to the TRICARE health plan will go into effect. Navy Medicine East (NME) wants patients to “take command” of their health and understand what this means for them. TRICARE Select will replace TRICARE Standard and Extra. Patients who currently have TRICARE Standard will be automatically enrolled in TRICARE Select and don’t need to do anything. Prime enrollees do not need to take any action to continue enrollment and every effort will be made to continue enrollment to the same primary care manager. Click here to read more >>
DOEHIRS-IH Training

January 29 – February 2

Naval Health Clinic Pearl Harbor, HI

DOEHIRS-IH is a web-based application that is used to collect IH survey information. This course is designed to teach military and civilian IH personnel, who will be actively entering data into the DOEHIRS-IH application, to maneuver and organize data within their IH Program Office. There is no fee for this course. However, students and their commands are responsible for their own transportation, lodging and per diem arrangements and expenses.

Click here to learn more>>
**Navy Entomology Center of Excellence (NECE)**

NECE offers training to DoD pest management professionals to include pesticide applicator certification (approved by the U.S. Environmental Protection Agency to satisfy federal training and certification requirements for pesticide applicators); DoD pesticide applicator recertification; operational entomology training (preparing preventive medicine personnel to establish a public health pest management program); and shipboard pest management (NECE serves as the Navy program manager for shipboard pest control). [Click here to learn more>>](#)

**NEPMU-2**

The mission of Navy Environmental Preventive Medicine Unit Two’s (NEPMU-2) Education and Training Department is to provide fleet and staff training, leadership and management to ensure that required professional certificates for occupational, environmental and preventive medicine professionals are met throughout the Navy and Marine Corps. [Click here to learn more>>](#)

**NEPMU-5**

The mission of NEPMU-5’s Education and Training Department is to provide external and internal education and training, ashore and afloat, while maintaining training logistical support for deploying Forward Deployable Preventive Medicine Unit (FDPMU) teams in support of operational commanders worldwide. Services offered include CANTRAC and specialized education & training in support of Navy military and civilian personnel assigned within this unit’s area of responsibility (AOR), ashore and afloat. [Click here to learn more>>](#)

**NEPMU-6**

The Education and Training Department of NEPMU-6 offers courses throughout the year including (but not limited to) food safety manager’s course, laboratory identification of malaria training, DoD pesticide applicator certificate refresher course, shipboard pest management training and Navy ship sanitation certificate program. [Click here to learn more>>](#)

**NEPMU-7**

NEPMU-7 provides force health protection courses throughout the year including (but not limited to) operational entomology training, shipboard pest management and food safety manager’s/supervisor’s course. [Click here to learn more>>](#)