**Updated Visitation Policy**

Adult Patients are allowed one designated visitor. Pediatric patients are allowed both parents or caregivers.

We thank our patients for their understanding and support as we work together in response to the COVID-19 pandemic.

**Information Resources**
The CDC has excellent guidance on everything COVID-19, from how to stay healthy, when to seek care, and what to do if you think you might be ill with COVID-19: [https://www.cdc.gov/](https://www.cdc.gov/)

NMCSD website: [https://www.med.navy.mil/sites/nmcsd/Pages/default.aspx](https://www.med.navy.mil/sites/nmcsd/Pages/default.aspx)

Facebook: [https://www.facebook.com/NMCSD/](https://www.facebook.com/NMCSD/). Facebook Handle: NMCSD

Twitter Handle: NMC_SD

NMCSD Coronavirus Hotline: (619) 532-5358

Thank you for your understanding and support as we all work together in response to the COVID-19 pandemic.

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**Your Health is Our Mission**------------------------------------