WATCH FOR SIGNS OF VISION TROUBLE IN CHILDREN

August is Child Eye Health & Safety Month.

Watch your child’s behavior for signs of vision problems as we move from summer fun to the three R’s: reading, writing and arithmetic. Common signs include frequently rubbing of eyes, squinting, tilting or turning their head to look at objects, wandering eyes or squeezing their eyes.

If your child displays any of these symptoms, please schedule an appointment to have their eyes checked.

TRICARE covers eye and vision screening by a primary care provider at birth and approximately six months of age. Children receive one routine eye examination by an ophthalmologist or optometrist every 2 years beginning ages 3-6 years. TRICARE Prime enrollees, ages six and older receive routine eye exams every 2 years.

Active Duty Family members, including family members of activated Guard and Reserve members, can also get annual eye exams.